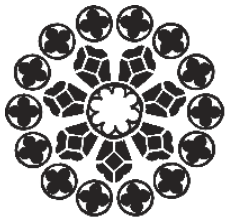


Sunday 19 July 2026
7th Sunday after Trinity



**Truro
Cathedral**
sacred space, common ground

08:00 BCP Holy Communion

10:00 Sung Eucharist

President The Interim Dean

Preacher The Interim Dean

16:00 Choral Evensong

Preacher Canon Sally Piper

Today, we extend a very warm welcome to Truro Chamber Choir and Ad Hoc Voices who will be singing both our services today.

10.00am Hymns for this morning

333 All my hope on God is founded

Fill your hearts with joy and gladness – separate sheet

461 There's a wideness in God's mercy

Music for the 10am Eucharist

Missa ego flos campi

Padilla

Lobo – Versa est in luctum

Alonso Lobo

Collect: Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
Increase in us true religion,
nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
One God, now and for ever. **Amen.**

First Reading – Isaiah 44. 6 – 8

Thus says the Lord, the King of Israel and his Redeemer, the Lord of hosts: I am the first and I am the last; besides me there is no god. Who is like me? Let them proclaim it, let them declare and set it forth before me.

Who has announced from of old the things to come? Let them tell us what is yet to be. Do not fear, or be afraid; have I not told you from of old and declared it? You are my witnesses! Is there any god besides me? There is no other rock; I know not one.

Psalm 86

Colin Mawby

Response

v. *11a* Teach me your way, O Lord, and I will walk in your truth.



Teach me your way, O Lord,
and I will walk in your truth;
Knit my heart to you,
that I may fear your name.

Response

I will thank you, O Lord my God, with all my heart,
And glorify your name for evermore;
For great is your steadfast love towards me,
For you have delivered my soul from the depths of the grave.

Response

O God, the proud rise up against me
And a ruthless horde seek after my life;
They have not set you, before their eyes.
But you, Lord, are gracious and full of compassion,
Slow to anger and full of kindness and truth.

Response

Second Reading – Romans 8. 12-25

So then, brothers and sisters we are debtors, not to the flesh, to live according to the flesh – for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear but you have received a spirit of adoption. When we cry, 'Abba! Father!' It is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ – if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility not of its own will but by the will of the one who subjected it in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, while we wait for adoption, the redemption of our bodies. For in hoped we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Gospel reading - Matthew 13. 24-30, 36-43

He put them another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain then the weeds appeared as well. And the slaves of the householder came and said to him, "Master, did you now sow good seed in your field? Where, then, did these weeds come from?" He answered, "An enemy has done this. "The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, 'Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'" '

Then he left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds in the field.'

He answered, 'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them, is the devil; he harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears, listen!'

Post Communion Prayer

Lord God, whose Son is the true vine and the source of life,
ever giving himself that the world may live:
may we so receive within ourselves the power of his death and passion that,
in his saving cup, we may share his glory and be made perfect in his love; for
he is alive and reigns, now and for ever. **Amen**

Next Sunday, 26 July, 8th after Trinity

08:00	BCP Holy Communion	President	Revd. Andrew Yates
10:00	Choral Eucharist	President	Canon Sue Wallace
		Preacher	The Interim Dean
16:00	Choral Evensong	Preacher	Canon Sue Wallace

This week we are praying for: Fiona Davie, Elliot Wills, Jill Staplehurst, Keith Halstead, Christine Lidgley, Duncan Whitehouse, Marc Gregory, Anne and David Haga, Philip Sharpe, Malcolm Bowers.

RIP: Jenny Firth, Neil Hitchens

The Chapter House Revival Our two team leaders have now accepted roles in the Chapter House. Jess and Carolyn will join us in July. We're still on course for the Chapter House to open this summer. Delivery dates for furniture have now been received. The launch date is yet to be set.

The Chapter House will offer a café space for 70, alongside a small shop area and exhibition displays. The work is in progress with improvements currently being made to the counter area and ventilation.

We're excited to welcome you again! If you would like to contribute towards the cost of this exciting and much-anticipated project, the easiest way to do so is by scanning the QR code below



The **Bible Study** group meets every Thursday morning at 10 am. in the Old Cathedral School. ***All welcome***

Friends of Truro Cathedral

On Wednesday 22 July the Friends of Truro Cathedral are having a coffee morning in the Cathedral Chapter House from 10-11.30. All are invited to come along for friendship and fellowship.

Thank you to everyone who came to the “Come and Sing” Evensong and to Andrew Wyatt and Martin Palmer who ran the event for us. We had people from many different places in Cornwall and beyond, including one person who had travelled from Northampton for the day simply to sing at the event, and also visitors from Northern Ireland and as far away as California. Do watch the livestream if you weren't able to make it. It was great to see people present who had never sung in a choir in a church before. In 2027 we will be holding another one (possibly on the 17th July 2027 so save the date).

The **Cornish Celtic way** exhibition opens this week. This exhibition shows the stories and images created by Belgium photographer, Luk Collet, from his travels along the route in 2021 and 2022. The exhibition consists of 26 large panels showing photographs and Luk's reflective text. There is a QR Code link on each panel in three languages that allows access to more information, local drone footage and also interviews with pilgrims and those who sustain the pilgrim's welcome along the route.

This Week

<i>Monday 20 July</i>	9.00 Holy Communion 9.30 Morning Prayer 16.00 Evening Prayer
<i>Tuesday 21 July</i>	9.00 Holy Communion 9.30 Morning Prayer 13.10 Live lunchtime concert – <i>free entry</i> 17.30 Festal Evensong with <i>Frideswide Voices</i>
<i>Wednesday 22 July</i> <i>St Mary Magdalene</i>	9.00 Holy Communion 9.30 Morning Prayer 10.00 Cathedral Friends' Coffee 16.00 Festal Eucharist with <i>Frideswide Voices</i>
<i>Thursday 23 July</i> <i>St Bridget of Sweden</i>	9.00 Holy Communion 9.30 Morning Prayer 12.10 Christian Meditation 13.10 Lunchtime Organ Concert – <i>Julian Haggart</i> 17.30 Choral Evensong sung by the <i>Exultate singers</i>
<i>Friday 24 July</i>	9.00 Holy Communion 9.30 Morning Prayer 9.45 Litany for peace 11.00 BCP Holy Communion 17.30 Choral Evensong sung by the <i>Exultate singers</i>
<i>Saturday 25 July</i>	9.00 Holy Communion 9.30 Morning Prayer 16.00 Evening Prayer