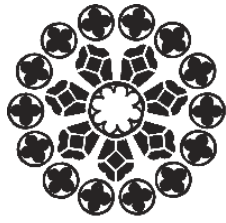


Sunday 5 July 2026
5th Sunday after Trinity



**Truro
Cathedral**
sacred space, common ground

08:00 BCP Holy Communion The Reverend Andrew Yates
10:00 Choral Eucharist President Canon Sue Wallace
Preacher The Revd. Helen Byrne
16:00 Choral Evensong Preacher Canon Sue Wallace

10.00 am Hymns for this morning

485 Thy hand, O God, has guided
Great is thy faithfulness – *words in this sheet*
258 O Christ the same through all our story's pages

Music for the 10.00 am Eucharist

Introit Prevent us, O Lord *Byrd*
Mass for four voices *Byrd*
Motet Ave Maria *Parsons*
Voluntary Toccata, Fugue and Hymn on "Ave Maris Stella" by Flor Peeters

Collect: Almighty and everlasting God,

By whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen

First Reading – Zechariah 9. 9-12

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem!
Lo, your king comes to you; triumphant and victorious is he, humble and
riding on a donkey, on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim and the warhorse from Jerusalem; and
the battle-bow shall be cut off, and he shall command peace to the nations;
his dominion shall be from sea to sea, and from the River to the ends of the
earth.

As for you also because of the blood of my covenant with you, I will set your
prisoners free from the waterless pit. Return to your stronghold, O prisoners
of hope; today I declare that I will restore to you double.

Psalm 145



The Lord is gracious and merciful,
Long-suffering and of great goodness.
The Lord is loving to everyone
And his mercy is over all his creatures.

All your works praise you, O Lord,
And your faithful servants bless you.
They tell of the glory of your kingdom
And speak of your mighty power,

To make known to all peoples your mighty acts
And the glorious splendour of your kingdom.
Your kingdom is an everlasting kingdom;
Your dominion endures throughout all ages.

The Lord is sure in all his words
And faithful in all his deeds.
The Lord upholds all those who fall
And lifts up all those who are bowed down.

Second Reading – Romans 7.15 – 25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me a captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

Gospel reading - Matthew 11. 16 -19, 25 - end

But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,
"We played the flute for you, and you did not dance; we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon";
the Son of Man came eating and drinking, and they say, "Look, a glutton and a

drunkard, a friend of tax collectors and sinners!" Yet wisdom is vindicated by her deeds.

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him

' Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls, and my burden is light.'

Post Communion Prayer

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve in you in all godly quietness; through Jesus Christ our Lord. **Amen**

Next Sunday, sixth after Trinity

08:00	BCP Holy Communion	The Reverend Andrew Yates
10:00	Choral Eucharist	President Revd. Keiren Marwood Preacher The Interim Dean
16:00	Come & Sing	Preacher Revd. Jane Vaughan Wilson

This week we are praying for: Fiona Davie, Elliot Wills, Jill Staplehurst, Keith Halstead, Christine Lidgley, Duncan Whitehouse, Marc Gregory, Anne and David Haga, Philip Sharp.

RIP: Jenny Firth, Neil Hitchens, Ann Bannister.

The Chapter House Revival Our two team leaders will be joining us on the 14th July in the Chapter House. We're still on course for the Chapter House to open this summer. The first delivery of furniture, and materials for the counter have now been received. The launch date is yet to be set.

The Chapter House will offer a café space for 70, alongside a small shop area and exhibition displays. The work is in progress with improvements currently being made to the counter area and ventilation. We're excited to welcome you again! If you would like to contribute towards the cost of this exciting and much-anticipated project, the easiest way to do so is by scanning the QR code below



Chapter recruitment drive has been launched this week

Do you know someone with relevant skills and experience who would like to support and encourage the cathedral by serving a three-year term on the cathedral's Chapter (board of trustees)? If anyone has a 'LinkedIn' profile, please can you help us to share this information as widely as possible.

Up to three people are needed, to start at the beginning of next year. *Thank you.*

Volunteer Day on Lemon Quay

Thank you to all those who came along to help on the cathedral stall, it was a lovely and very successful day.

The **Bible Study** group meets every Thursday morning at 10.00 am. in the Old Cathedral School.
All welcome



Great is thy faithfulness, O God my Father;
there is no shadow of turning with thee;
thou changest not, thy compassions, they fail not;
as thou has been, thou forever wilt be.

Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand hath provided;
great is thy faithfulness, Lord, unto me!

Summer and winter and springtime and harvest,
sun, moon, and stars in their courses above
join with all nature in manifold witness
to thy great faithfulness, mercy, and love.

Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand hath provided;
great is thy faithfulness, Lord, unto me!

Pardon for sin and a peace that endureth,
thine own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow,
blessings all mine, with ten thousand beside!

*Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand hath provided;
great is thy faithfulness, Lord, unto me!*

William M Runyan (1923) Thomas O Chisholm (1923)

Come & Sing !!!

Next Sunday afternoon (12th July) the Evensong will be a "Come and Sing" Evensong conducted by James Anderson Besant and with Andrew Wyatt playing the organ. This is your chance to have a go at singing Evensong yourself to music by Stanford, Tallis, Wood and Smith! No previous experience needed !!

If you would like to sing, please email suewallace@trurocathedral.org.uk letting Sue know which voice part you are singing. She can then send you links to teaching tracks so you can sing along at home and learn the music. You won't be alone as we already have over 55 singers registered!

Today is the last Sunday of the choir year before their summer break.

There will be a formal valediction for them at Evensong this evening at 4 pm. I am sure we all want to wish them well for whatever the future holds for those that are leaving us, and also a fun filled summer break for those returning.

This Week

<i>Monday 6 July</i>	9.00 Holy Communion 9.30 Morning Prayer 16.00 Evening Prayer
<i>Tuesday 7 July</i>	9.00 Holy Communion 9.30 Morning Prayer 16.00 Evening Prayer
<i>Wednesday 8 July</i>	9.00 Holy Communion 9.30 Morning Prayer 16.00 Evening Prayer
<i>Thursday 9 July</i>	9.00 Holy Communion 9.30 Morning Prayer 12.10 Christian Meditation 16.00 Evening Prayer
<i>Friday 10 July</i> <i>Thomas the Apostle</i>	9.00 Holy Communion 9.30 Morning Prayer 11.00 BCP Holy Communion 16.00 Evening Prayer
<i>Saturday 11 July</i>	9.00 Holy Communion 9.30 Morning Prayer 16.00 Evening Prayer

Truro Cathedral Charity Number: 1207821

