



**Truro
Cathedral**
sacred space, common ground

Sunday 11th August
Eleventh Sunday after Trinity
Proper 14

Worship in Truro Cathedral today

8:00am Holy Communion – The Book of Common Prayer, Dean Simon Robinson
10:00am Choral Eucharist – President Dean Simon Robinson,
Preacher The Reverend Jeff James
4:00pm Choral Evensong – Canon Elly Sheard, Preacher Canon Alan Bashforth

10:00am Hymns for this morning's service are from the New English Hymnal

271 Alleluya, sing to Jesus
374 How sweet the name of Jesus sounds
296 Lord, enthroned in heavenly splendour

Music at the 10:00AM Choral Eucharist: *services today are sung by the Goring Chamber Choir*

Introit Surely the Lord is in his place *Burnell*
Mass in A minor *Casciolini*
Motet O salutaris hostia *Stephanie Martin*

Music at the 16:00 Choral Evensong

Magnificat and Nunc Dimittis *Howells 'Collegium Regale'*
Anthem O pray for the peace of Jerusalem *Parry*

Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading: I Kings 19:4-8

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up

and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

Psalm 34: 1-6

Response: O taste and see that the Lord is gracious

I will bless the Lord at all times;
His praise shall ever be in my mouth.
My soul shall glory in the Lord;
Let the humble hear and be glad.

Response: O taste and see that the Lord is gracious

O magnify the Lord with me;
Let us exalt his name together.
I sought the Lord and he answered me
And delivered me from all my fears.

Response: O taste and see that the Lord is gracious

Look upon him and be radiant
And your faces shall not be ashamed.
This poor soul cried, and the Lord heard me
And saved me from all my troubles.

Response: O taste and see that the Lord is gracious

Second reading: Ephesians 4.25-5.2

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Gospel Reading: John 6:35, 41-51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No

one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Post Communion Prayer

Lord of all mercy, we your faithful people have celebrated that one true sacrifice which takes away our sins and brings pardon and peace: by our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. **Amen**

This week we are praying for: Philip Sharp, Christine Lidgeley, Margaret, Jo, Andrew May, May Kincaid, John James, Fiona Davie, Lisa Hill, Diane N, Kevin Plant, Elliott Wills, Tim Russ, Roy Howe, Barbara Cowdry, June Parnell.

For those who have died: The Reverend Gary Philbrick, Elizabeth Ridley, John James Brenda Whitney

Next Sunday, 18th August 2024

08:00 BCP Holy Communion Canon Alan Bashforth
 10:00 Cathedral Eucharist President and Preacher Canon Alan Bashforth
 16:00 Choral Evensong Canon Elly Sheard, Preacher Martin Adams

News, services and notices for the week beginning Monday 12th August 2024

Monday 12th	9:00	Holy Communion (<i>St Mary's Aisle</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	17:30	Choral Evensong <i>sung by the Choir of St John's Ranmoor</i>
Tuesday 13th <i>Jeremy Taylor</i>	9:00	Holy Communion (<i>All Saints' Chapel</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	17:30	Choral Evensong <i>sung by the Choir of St John's Ranmoor</i>
Wednesday 14th <i>Maximilian Kolbe</i>	9:00	Holy Communion (<i>St Margaret's Chapel</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	17:30	Choral Evensong <i>sung by the Choir of St John's Ranmoor</i>
Thursday 15th <i>The Assumption of the Blessed Virgin Mary</i>	9:00	Holy Communion (<i>High Altar</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	12.10	Christian Meditation
	13:10	Organ Recital: Angela Sones
	17:30	Solemn Eucharist for the Assumption of the Blessed Virgin Mary <i>sung by the choir of St John's Ranmoor</i>

Friday 16th	09.00	Holy Communion (<i>St Mary's Aisle</i>)
	09.30	Morning Prayer (<i>St Samson's Chapel</i>)
	11:00	BCP Holy Communion (<i>St Mary's Aisle</i>)
	17:30	Choral Evensong <i>sung by the Choir of St John's Ranmoor</i>
Saturday 17th	09.00	Holy Communion (<i>St Mary's Aisle</i>)
	09.30	Morning Prayer (<i>St Samson's Chapel</i>)
	16:00	Choral Evensong <i>sung by the Choir of St John's Ranmoor</i>

The Friends of Truro Cathedral monthly coffee morning:

Wednesday 14 August - Friends coffee morning in The Chapter House of the Cathedral. 10-12 noon. All are welcome to join in the coffee morning for fellowship, friendship and fundraising.

The Friends Coin Collection: Many thanks to everyone who donated 'unwanted coins.' There were many interesting and unusual coins. In total, the coin collection raised £2439. Thank you.

Also on 14th August don't miss the Mothers' Union, Family Fun day, 10am-3pm - all welcome, in the Nave of the cathedral.

The Feast of the Blessed Virgin Mary Thursday: Assumption 15th of August 2024. The 09:00AM service will be held at the High Altar on this festival day. There will also be a Solemn Eucharist at 17:30PM for The Feast of the Blessed Virgin Mary sung by the Choir of St John's, Ranmoor with the Reverend Canon Simon Cade preaching.

From Saturday 17th of August there will be an exhibition in the cathedral titled 'Ukraine: portraits of resilience.' This is an exhibition of 30 watercolour paintings documenting the strengths and struggles of Ukrainian people at war. It is designed to coincide with Ukrainian Independence Day which is the 24 August. These selected paintings are by local artist Louise Pasterfield, from Saltash, Cornwall who has painted over 200 paintings since the beginning of the conflict to support Ukrainians and to increase awareness of the daily challenges people face.