



**Truro  
Cathedral**  
*sacred space, common ground*

**Sunday 4<sup>th</sup> August**  
Tenth Sunday after Trinity  
Proper 13

### **Worship in Truro Cathedral today**

- 8:00am Holy Communion – The Book of Common Prayer, Canon Alan Bashforth  
10:00am Choral Eucharist – President Canon Alan Bashforth, Preacher Dean Simon Robinson  
4:00pm Choral Evensong – Dean Simon Robinson, Preacher Canon Sue Wallace

This morning, Canon Sue Wallace is the preacher at the St Endellion Festival.

### **10:00am Hymns for this morning's service are from the New English Hymnal**

- 362 Glorious things of thee are spoken  
302 O thou, who at thy Eucharist did pray  
368 Guide me, O thou great Redeemer

### **Music at the 10:00AM Choral Eucharist:**

- Introit Verily, verily I say unto you *Tallis*  
Missa brevis Sancti Johannis de deo *Haydn*  
Motet Ave Verum *Mawby*  
Voluntary Prelude and Fugue in A major BWV 536 *J.S.Bach*

### **Music at the 16:00 Choral Evensong**

- Magnificat and Nunc Dimitiss *Stanford* in C  
Anthem Evening Hymn *Gardiner*  
Voluntary Postlude in D minor *Stanford*

### **Collect**

Let your merciful ears, O Lord, be open to the prayers of your humble servants;  
and that they may obtain their petitions make them to ask such things as shall please you;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever. **Amen**

### **First Reading: Exodus 16:2-4, 9-15**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and

gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat.

### **Psalm 78 verses 23-29**

***Response: We will tell the glorious deeds of the Lord, the wonders he has done***

So he commanded the clouds above ♦ and opened the doors of heaven.  
He rained down upon them manna to eat ♦ and gave them the grain of heaven.  
So mortals ate the bread of angels; ♦ he sent them food in plenty. [R]  
He caused the east wind to blow in the heavens ♦ and led out the south wind by his  
might.

***Response: We will tell the glorious deeds of the Lord, the wonders he has done***

He rained flesh upon them as thick as dust ♦ and winged fowl like the sand of the  
sea.

He let it fall in the midst of their camp ♦ and round about their tents.  
So they ate and were well filled, ♦ for he gave them what they desired.

***Response: We will tell the glorious deeds of the Lord, the wonders he has done***

### **Second reading: Ephesians 4 verses 1 to 16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of

the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

### **Gospel Reading: John 6 verses 24-35**

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal."

Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

### **Post Communion Prayer**

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. **Amen**

**This week we are praying for:** Philip Sharp, Christine Lidgeley, Margaret, Jo, Andrew May, May Kincaid, John James, Fiona Davie, Lisa Hill, Diane N, Kevin Plant, Elliott Wills, Tim Russ, Roy How, Barbara Cowdry, June Parnell.

**For those who have died:** The Reverend Gary Philbrick, Elizabeth Ridley

It is with sadness that we inform you that Brenda Whitney, passed away at Cathedral View Nursing Home peacefully on Monday morning. Brenda is the mother of Annabel Gregory one of our Choir Mentors. Brenda was a cathedral guide and volunteer for many years, although had been unable to come to the cathedral for a few years due to mobility and health issues. She always watched online until the last few weeks when her health deteriorated further. Our prayers are with Annabel and her family at this sad time.

## Next Sunday, 11<sup>th</sup> August 2024

08:00	BCP Holy Communion Dean Simon Robinson
10:00	Cathedral Eucharist President Dean Simon Robinson, Preacher The Reverend Jeff James
16:00	Choral Evensong Canon Elly Sheard, Preacher Canon Alan Bashforth

## News, services and notices for the week beginning Monday 5<sup>th</sup> August 2024

<b>Monday 5<sup>th</sup></b>	9:00	Holy Communion ( <i>St Mary's Aisle</i> )
	9.30	Morning Prayer ( <i>St Samson's Chapel</i> )
	16:00	Evening Prayer ( <i>St Mary's Aisle</i> )
<b>Tuesday 6<sup>th</sup></b> <i>Transfiguration of our Lord</i>	9:00	Holy Communion ( <i>Jesus Chapel</i> )
	9.30	Morning Prayer ( <i>St Samson's Chapel</i> )
	13:10	Piano Platform Concert
	16:00	Evening Prayer ( <i>St Mary's Aisle</i> )
<b>Wednesday 7<sup>th</sup></b>	9:00	Holy Communion ( <i>St Mary's Aisle</i> )
	9.30	Morning Prayer ( <i>St Samson's Chapel</i> )
	16:00	Evening Prayer ( <i>St Mary's Aisle</i> )
<b>Thursday 8<sup>th</sup></b>	9:00	Holy Communion ( <i>St Mary's Aisle</i> )
	9.30	Morning Prayer ( <i>St Samson's Chapel</i> )
	12.10	Christian Meditation
	13:10	Organ Recital
	17:30	Choral Evensong <i>sung by Goring Chamber Choir</i>
<b>Friday 9<sup>th</sup></b> <i>Mary Sumner</i>	09.00	Holy Communion ( <i>All Saints'</i> )
	09.30	Morning Prayer ( <i>St Samson's Chapel</i> )
	11:00	BCP Holy Communion ( <i>St Mary's Aisle</i> )
	17:30	Choral Evensong <i>sung by Goring Chamber Choir</i>
<b>Saturday 10<sup>th</sup></b>	09.00	Holy Communion ( <i>St Mary's Aisle</i> )
	09.30	Morning Prayer ( <i>St Samson's Chapel</i> )
	16:00	Evening Prayer ( <i>St Mary's Aisle</i> )
	17:00	Choral Evensong at St John's Church <i>sung by Goring Chamber Choir (please note the time is 17:00)</i>

### Advance Notice of The Friends of Truro Cathedral monthly coffee morning:

Wednesday 14 August - Friends coffee morning in The Chapter House of the Cathedral. 10-12 noon. All are welcome to join in the coffee morning for fellowship, friendship and fundraising.

### Advance Notice for The Assumption of the Blessed Virgin Mary Thursday 15<sup>th</sup> of August 2024.

The 09:00AM service will be held at the High Altar on this festival day. There will also be a Solemn Eucharist at 17:30PM for The Assumption of the Blessed Virgin Mary sung by the Choir of St John's, Ranmoor with the Reverend Canon Simon Cade preaching.