

Sung Eucharist
Sunday 10th October 2021
at 10 am
The Nineteenth Sunday after
Trinity



Truro
Cathedral

President: Canon Alan
Bashforth
Preacher: The Revd Andy
Earl

From the Canon Chancellor

Much of what we have heard about 'Safeguarding' in the Church of England has, in recent years been both distressing and damaging. Distressing, as it reveals how vulnerable people placed in difficult circumstances and subjected to the inappropriate advances of those who held positions of responsibility and power over them, were not properly listened to or taken seriously – and damaging, in that the revelation of this has undoubtedly undermined trust in the church, its officers and procedures.

A great deal of work has gone on to try and address that deficit and restore that trust - and our own cathedral has been subjected both to a national audit and to a review of how cases in the past were dealt with, both of these happening in recent times. Responding to all of that is a part of our on-going work and some of that needs simply to become a part of who we are as a community.

The word 'Safeguarding' can set many a hare running and that is perhaps understandable as it deals with matters that we are all a little reluctant to speak about publicly. It is though, fundamentally, about how we care for one another and how we have a particular concern for those most vulnerable among us – those Paul might refer to as our weaker members who should hold a special place in the 'Body of Christ' (1 Corinthians 12. 22-24). Being told that a role you occupy at the cathedral requires a DBS check is never because we are accusing you of something and similarly requiring people to have the appropriate level of training for their role is not a way of our suggesting we are somehow suspicious of you. It is rather about equipping you as best we can to play your part in the important business of our being a caring community in this regard.

All that, is rather a long way of my introducing our preacher this morning, Revd Andy Earl. Andy served in the Police for 30 years and during the course of that time was ordained. Having retired from the Police he then served for a while as a military Chaplain. He is now the ADSA (in lighter moments I tell him he is a miss-spelt supermarket) but this makes him the Assistant Diocesan Safeguarding Advisor but more readily – to use another acronym - the CSA the Cathedral Safeguarding Advisor. In that role he works closely with Charmian (the cathedral safeguarding officer) and I (chapter lead for safeguarding) in trying to make sure that our processes and practices in this realm of our life are up to speed and to offer advice and direction should concerns be voiced.

The Church of England has designated this Sunday as 'Safeguarding Sunday' and thus it seemed appropriate to invite him to reflect on that from the perspective of his own Priesthood. We welcome him to our service.

In the past 6 months those who might in a business context be described as the 'senior managers' of the cathedral have undertaken level 4 senior leadership training. That has not been about what forms to fill in and what procedures to follow but more readily about how we can make 'Safeguarding' not a word to be feared but simply a part of our culture as a caring Christian community. I hope this morning will add to that.

With every blessing,

Canon Alan

THIS WEEK

Monday 11th October Ethelburga, Abbess, 675	9.00 9.30 12.00 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Funeral: Brian James Evening Prayer (<i>St Mary's Aisle</i>)
Tuesday 12th October Wilfrid, Bishop, Missionary, 709	9.00 9.30 5.30 7.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Evensong (<i>Quire</i>) Bellingring Practice
Wednesday 13th October Edward the Confessor, King, 1066	9.00 9.30 10.00 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Friends' Coffee Morning (<i>OCS</i>) Evensong (<i>Quire</i>)
Thursday 14th October	9.00 9.30 12.10 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Meditation (<i>St Mary's Aisle</i>) Evensong (<i>Quire</i>)
Friday 15th October Ember Day	9.00 9.30 11.00 1.10 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) BCP Holy Communion (<i>St Mary's Aisle</i>) Organ Recital by Alden Wright Evensong (<i>Quire</i>)
Saturday 16th October	8.00 8.30 4.00 6.00	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Evening Prayer (<i>St Mary's Aisle</i>) Diocesan Confirmation Service

Next Sunday 17th October: Twentieth Sunday after Trinity

7.30 am	Morning Prayer BCP (<i>St Mary's Aisle</i>)
8.00 am	Holy Communion BCP Canon Simon Griffiths, Canon Precentor
10.00 am	Sung Eucharist (<i>Live streamed</i>) President and preacher: Canon Alan Bashforth, Canon Chancellor
4.00 pm	Solemn Evensong (<i>Live streamed</i>) Preacher: The Revd Canon Nigel Marns

Friends of Truro Cathedral

The Friends' monthly Coffee Morning will take place in the Assembly Hall of the Old Cathedral School this Wednesday 13th October from 10 – 11.30 am. All welcome.

The Gathering

Please remain seated as the choir sing the Introit.

Introit

'View me, Lord' by Richard Lloyd (1933 - 2021)
sung by the choir

View me, Lord, a work of thine;
Shall I then lie drown'd in night?
Might thy grace in me but shine,
I should seem all made of light,

Cleanse me, Lord, that I may kneel
At thine altar, pure and white;
They that once thy mercies feel,
Gaze no more on earth's delight.

Worldly joys, like shadows, fade
When the heav'nly light appears;
But the cov'nants thou hast made,
Endless, know nor days nor years.

In thy word, Lord, is my trust,
To thy mercies fast I fly;
Though I am but clay and dust,
Yet thy grace can lift me high.

Words: Thomas Campion (1567 – 1620)

Please stand

Hymn

**Lord, thy word abideth,
And our footsteps guideth;
Who its truth believeth,
Light and joy receiveth.**

**When our foes are near us,
Then thy word doth cheer us,
Word of consolation,
Message of salvation.**

**When the storms are o'er us,
And dark clouds before us,
Then its light directeth,
And our way protecteth.**

**Who can tell the pleasure,
Who recount the treasure
By thy word imparted
To the simple-hearted?**

**Word of mercy, giving
Succour to the living;
Word of life, supplying
Comfort to the dying.**

**O that we discerning
Its most holy learning,
Lord, may love and fear thee,
Evermore be near thee!**

The president says

In the name of the Father,
and of the Son, and of the
Holy Spirit.

All **Amen.**

The Greeting

The president greets the people

The Lord be with you.

All **And also with you.**

Words of welcome and introduction may be said.

Prayers of Penitence

The president invites all to confess their sins

My brothers and sisters, as we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

All **Almighty God,
our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

The president says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All **Amen.**

Please remain standing

*The choir sings the Gloria from the Coronation Mass by Amadeus Mozart
(1756 – 1791)*

Gloria in excelsis Deo,
et in terra pax
hominibus bonae voluntatis.
Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Gratias agimus tibi propter
magnam gloriam tuam,
Domine Deus,
Rex caelestis,
Deus Pater omnipotens.
Domine Fili unigenite,
Jesu Christe, Domine Deus,
Agnus Dei, Filius Patris,
qui tollis
peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem
nostram.
Qui sedes ad dexteram Patris,
miserere nobis.
Quoniam tu solus Sanctus,
tu solus Dominus,
tu solus Altissimus,
Jesu Christe,
cum Sancto Spiritu:
in gloria Dei Patris.
Amen.

Glory to God in the highest,
and peace
to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you,
we give you thanks,
we praise you
for your glory.
Lord Jesus Christ,
only Son of the Father,
Lord God,
Lamb of God,
you take away the sin of the
world:
have mercy on us;
you are seated
at the right hand of the
Father:
receive our prayer.
For you alone
are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

Please remain standing.

The Collect

The president says the Collect, the special prayer for the day.

Let us pray.

O God forasmuch as without you we are not able to please you; mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit

The Liturgy of the Word

First Reading

Amos 5: 6-7, 10-15

A reading from the book of the prophet Amos.

Seek the Lord and live, or he will break out against the house of Joseph like fire, and it will devour Bethel, with no one to quench it. Ah, you that turn justice to wormwood, and bring righteousness to the ground! They hate the one who reproves in the gate, and they abhor the one who speaks the truth. Therefore, because you trample on the poor and take from them levies of grain, you have built houses of hewn stone, but you shall not live in them; you have planted pleasant vineyards, but you shall not drink their wine. For I know how many are your transgressions, and how great are your sins—you who afflict the righteous, who take a bribe, and push aside the needy in the gate. Therefore the prudent will keep silent in such a time; for it is an evil time. Seek good and not evil, that you may live; and so the Lord, the God of hosts, will be with you, just as you have said. Hate evil and love good, and establish justice in the gate; it may be that the Lord, the God of hosts, will be gracious to the remnant of Joseph.

This is the word of the Lord.

All **Thanks be to God.**

Responsorial Psalm 90: 13-end
sung by the choir

May the favour of the Lord, the Lord our God be upon us.

All **May the favour of the Lord, the Lord our God be upon us.**

Turn again, O Lord; how long will you delay?

Have compassion on your servants.

Satisfy us with your loving kindness in the morning,
that we may rejoice and be glad all our days.

Give us gladness for the days you have afflicted us,
and for the years in which we have seen adversity.

All **May the favour of the Lord, the Lord our God be upon us.**

Show your servants your works,

and let your glory be over their children.

May the gracious favour of the Lord our God be upon us;

prosper our handiwork; O prosper the work of our hands.

All **May the favour of the Lord, the Lord our God be upon us.**

Second Reading
Hebrews 4: 12-16

A reading from the letter to the Hebrews.

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account. Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

This is the word of the Lord.

All **Thanks be to God.**

Please stand

Gospel Acclamation
sung by the choir

Alleluia! Alleluia! Alleluia!

Speak, Lord, for your servant is listening; you have the words of eternal life.

Gospel Reading
Mark 10: 17-31

The president says

The Lord be with you.

All **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you, O Lord.**

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, 'Good Teacher, what must I do to inherit eternal life?' Jesus said to him, 'Why do you call me good? No one is good but God alone. You know the commandments: "You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honour your father and mother." ' He said to him, 'Teacher, I have kept all these since my youth.' Jesus, looking at him, loved him and said, 'You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.' When he heard this, he was shocked and went away grieving, for he had many possessions. Then Jesus looked around and said to his disciples, 'How hard it will be for those who have wealth to enter the kingdom of God!' And the disciples were perplexed at these words. But Jesus said to them again, 'Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.' They were greatly astounded and said to one another, 'Then who can be saved?' Jesus looked at them and said, 'For mortals it is impossible, but not for God; for God all things are possible.' Peter began to say to him, 'Look, we have left everything and followed you.' Jesus said, 'Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in

this age—houses, brothers and sisters, mothers and children, and fields, with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

The preacher says an opening invocation or prayer, and then all sit.

Please stand

The Creed

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living
and the dead,**

The Liturgy of the Sacrament

The Peace

The president introduces the Peace

Christ is our peace.

He has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

All

And also with you.

Hymn

**O Jesus, I have promised
To serve thee to the end;
Be thou for ever near me,
My Master and my friend:
I shall not fear the battle
Of thou art by my side,
Now wander from the pathway
If thou wilt be my guide.**

**O let me feel thee near me;
The world is ever near;
I see the sights that dazzle,
The tempting sounds I hear;
My foes are ever near me,
Around me and within;
But, Jesus, draw thou nearer,
And shield my soul from sin.**

**O let me hear thee speaking
In accents clear and still,
Above the storms of passion,
The murmurs of self-will;
O speak to reassure me,
To hasten or control;
O speak and make me listen,
Thou guardian of my soul.**

**O Jesus, thou hast promised,
To all who follow thee,
That where thou art in glory
There shall thy servant be;
And, Jesus, I have promised
To serve thee to the end:
O give me grace to follow,
My Master and my friend.**

**O let me see thy foot-marks,
And in them plant mine own;
My hope to follow duly
Is in thy strength alone:
O guide me, call me, draw me,
Uphold me to the end;
And then in heaven receive me,
My Saviour and my friend.**

Eucharistic Prayer E

The president says

The Lord be with you.

All **And also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.
From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death
with light that will not fade.

This day the risen Lord walks with your gathered people,
unfolds for us your word,

and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.

And so, with choirs of angels
and with all the heavenly host,
we proclaim your glory
and join their unending song of praise:

The choir sings the Sanctus

Sanctus, Sanctus, Sanctus
Dominus Deus Sabaoth.
Pleni sunt coeli et terra
gloria tua.
Hosanna in excelsis.

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full
of your glory.
Hosanna in the highest.

Please remain standing as the president continues

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

All **Christ has died:
Christ is risen:
Christ will come again.**

The Prayer continues

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All **Amen.**

Please remain standing

The Lord's Prayer

The president introduces the Lord's Prayer

As our Saviour taught us, so we pray:

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

All **We break this bread to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

The president says the following invitation to Communion.

All **Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.
Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

At the Distribution the president says

The body of Christ.

The communicant replies each time Amen, and then receives.

The choir sings the Agnus Dei

**Agnus Dei, qui tollis
peccata mundi:
miserere nobis.**

**Agnus Dei, qui tollis
peccata mundi:
dona nobis pacem.**

**Lamb of God, you take away the
sin of the world,
have mercy upon us.**

**Lamb of God, you take away the
sin of the world,
grant us peace.**

Anthem

'A Hymne to Christ' by Imogen Holst (1907 - 1984)

In what torn ship so ever I embark,
That ship shall be my emblem of Thy ark;
What sea soever swallow me, that flood
Shall be to me an emblem of Thy blood;
Though Thou with clouds of anger do disguise
Thy face, yet through that mask I know those eyes,
Which, though they turn away sometimes,
They never will disguise.

I sacrifice this island unto Thee,
And al whom I love there, and who loved me;
When I have put our seas 'twixt them and me,
Put thou Thy seas betwixt my sins and Thee.
As the tree's sap doth seek the root below
In winter, un my winter now I go,
Where none but Thee, the eternal root
Of true love, I may know.

Words: John Donne

After Communion

Please stand

Hymn

**O for a closer walk with God,
A calm and heavenly frame;
A light to shine upon the road
That leads me to the Lamb!**

**Return, O holy Dove, return,
Sweet messenger of rest;
I hate the sins that made thee mourn,
And drove thee from my breast.**

**The dearest idol I have known,
Whate'er that idol be,
Help me to tear it from thy throne,
And worship only thee.**

**So shall my walk be close with God,
Calm and serene my frame;
So purer light shall mark the road
That leads me to the Lamb.**

Let us pray

The president says the Post Communion prayer.

Holy and blessed God, you have fed us with the body and blood of your Son and filled us with your Holy Spirit: may we honour you not only with our lips but in lives dedicated to the service of Jesus Christ our Lord.

All **Amen.**

All **Almighty God,
we thank you for feeding us
with the body and blood**

**of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

The Dismissal

The president says

The Lord be with you.
All **And also with you.**

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be with you, and remain with you always.
All **Amen.**

The president says

Go in the peace of Christ.
All **Thanks be to God.**

Please remain standing as the choir and clergy depart.

Organ Voluntary

Vivace from the Concerto in A minor BWV 593 by Bach/Vivaldi

Please take this order of service away with you.

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**Truro
Cathedral**