

**Sung Eucharist
Sunday 19th September
2021 at 10 am
The Sixteenth Sunday after
Trinity**



Truro
Cathedral

President and Preacher:
Canon Simon Griffiths

From the Canon Precentor

Many moons ago when I was a young student studying music, one of our 'set works' was Penderecki's St Luke's Passion. Music History lectures were always in the 'graveyard slot' – 2 to 5 pm on a Friday afternoon. During the lecture we listened to the piece for the first time (none of us ever having even heard of it before!) and learned about the composition. With its percussive effects, instrumental glissandos, screams and shrieks from the chorus, I confess that I struggled to take it seriously at the time. Recently, sitting in my study, somehow my curiosity was piqued and I played it in the background while I was working. It was not long before I had to turn it off! I became disturbed because, unlike the traditional passions written by Bach and Schutz, I suspect that Penderecki had achieved something more akin to the sounds, the emotions and fear, evident at the terrible and inhuman events of the crucifixion of Jesus at Golgotha. I suddenly realised that to fully appreciate the piece, I needed to listen to it again, when I could concentrate and fully engage with the journey that the music invited you to discover and undertake.

Arvo Pärt's setting of St John's Passion is rarely performed. Pärt was born in Estonia in 1935 which was under Soviet occupation, before he settled in Berlin in 1980. Being Christian and often accused of having 'Western' leanings or sympathies, he was not fondly regarded by the communist authorities of the time and he eventually emigrated to the West to escape Soviet repression. Is the struggle of his earlier life reflected in his music in the same way that it is thought that Stravinsky's is I wonder? Pärt's music is heavily influenced by both plainchant and medieval music and his Passio is a mixture of innovative, technical minimalism along with tender, earnest spirituality. Many people often talk of the 'timeless' nature of the music in the Passion and it has been remarked that even atheists are said to have found the work to be moving, unsettling and humbling. By its austerity and severity, the music transports us to Calvary in much in the same way as Penderecki's passion; the composer inviting us to participate in the dreadful events that took place there as described in St John's Gospel.

A meditative performance by the Gesualdo Six and St Mary's Singers along with a reflection and prayers by the Dean will take place in the cathedral this evening at 6 pm. Please do come along and participate in the musical and spiritual journey to which you are invited.

Canon Simon.

THIS WEEK

Monday 20th September John Coleridge Patteson, Bishop, Martyr, 1871	9.00 9.30 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Evensong (<i>Quire</i>)
Tuesday 21st September ST MATTHEW, APOSTLE	9.00 9.30 10.00 5.30 7.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Photography Experience Day Evening Prayer (<i>St Mary's Aisle</i>) Bellringing Practice
Wednesday 22nd September Ember Day	9.00 9.30 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Evensong (<i>Quire</i>)
Thursday 23rd September	9.00 9.30 12.10 1.00 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Meditation (<i>St Mary's Aisle</i>) Funeral: Neville Smith Evensong (<i>Quire</i>)
Friday 24th September Ember Day	9.00 9.30 11.00 1.10 5.30	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) BCP Holy Communion (<i>St Mary's Aisle</i>) Organ Recital by John Challenger Evensong (<i>Quire</i>)
Saturday 25th September <i>Lancelot Andrewes, Bishop,</i> <i>Spiritual writer, 1626</i>	8.00 8.30 10.00 4.00	Holy Communion (<i>St Mary's Aisle</i>) Morning Prayer (<i>St Mary's Aisle</i>) Churches Together Day of Prayer Evening Prayer (<i>St Mary's Aisle</i>)
<p style="text-align: center;">Next Sunday 26th September: Seventeenth Sunday after Trinity</p> <p>7.30 am Morning Prayer BCP (<i>St Mary's Aisle</i>)</p> <p>8.00 am Holy Communion BCP Canon Alan Bashforth, Canon Chancellor</p> <p>10.00 am Sung Eucharist (<i>Live streamed</i>) President and preacher: The Dean</p> <p>4.00 pm Evensong <i>dedicated to the memory of the Very Revd Michael Moxon</i> Preacher: The Right Revd Richard Fenwick</p>		

Restaurant

Please note that because of staff shortages it will not be possible for the Cathedral Restaurant to open at weekends at present. Please accept our apologies for any inconvenience caused.

The Gathering

Please remain seated as the choir sing the Introit.

Introit

'O Lord, give thy Holy Spirit' by Thomas Tallis (c. 1505 - 1585)
sung by the choir

O Lord, give thy Holy Spirit into our hearts,
and lighten our understanding,
that we may dwell in the fear of thy Name,
all the days of our life.
That we may know thee, the only true God,
and Jesus Christ whom thou hast sent.

Please stand

Hymn

**All people that on earth do dwell,
Sing to the Lord with cheerful voice;
Him serve with fear, his praise forth tell,
Come ye before him, and rejoice.**

**The Lord, ye know, is God indeed,
Without our aid he did us make;
We are his folk, he doth us feed,
And for his sheep he doth us take.**

**O enter then his gates with praise,
Approach with joy his courts unto;
Praise, laud, and bless his name alway,
For it is seemly so to do.**

**For why? the Lord our God is good:
His mercy is for ever sure;
His truth at all times firmly stood,
And shall from age to age endure.**

**To Father, Son, and Holy Ghost,
The God whom heaven and earth adore,
From men and from the Angel-host
Be praise and glory evermore.**

The president says

In the name of the Father,
and of the Son, and of the
Holy Spirit.

All **Amen.**

The Greeting

The president greets the people

The Lord be with you.

All **And also with you.**

Words of welcome and introduction may be said.

Prayers of Penitence

The president invites all to confess their sins

Jesus said, 'Whoever wants to be first must be last of all and servant of all.' Let us therefore acknowledge our faults and sin.

All **Almighty God,
our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

The choir sings the Kyrie Eleison from the Mass in E flat by Joseph Rheinberger (1839 – 1901)

Kyrie eleison.
Christe eleison.
Kyrie eleison.

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

The president says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All **Amen.**

Please remain standing

The choir sings the Gloria

Gloria in excelsis Deo,
et in terra pax
hominibus bonae voluntatis.
Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Gratias agimus tibi propter
magnam gloriam tuam,
Domine Deus,
Rex caelestis,
Deus Pater omnipotens.
Domine Fili unigenite,
Jesu Christe, Domine Deus,
Agnus Dei, Filius Patris,
qui tollis
peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem
nostram.
Qui sedes ad dexteram Patris,
miserere nobis.
Quoniam tu solus Sanctus,
tu solus Dominus,

Glory to God in the highest,
and peace
to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you,
we give you thanks,
we praise you
for your glory.
Lord Jesus Christ,
only Son of the Father,
Lord God,
Lamb of God,
you take away the sin of the
world:
have mercy on us;
you are seated
at the right hand of the
Father:
receive our prayer.
For you alone
are the Holy One,
you alone are the Lord,

tu solus Altissimus,
Jesu Christe,
cum Sancto Spiritu:
in gloria Dei Patris.
Amen.

you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

Please remain standing.

The Collect

The president says the Collect, the special prayer for the day.

Let us pray.

O Lord, we beseech you mercifully to hear the prayers of your people who call upon you; and grant that they may both perceive and know what things they ought to do, and also may have grace and power faithfully to fulfil them; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit

The Liturgy of the Word

First Reading Jeremiah 11: 18–20

A reading from the book of the prophet Jeremiah.

The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens—wakens my ear to listen as those who are taught. The Lord God has opened my ear, and I was not rebellious, I did not turn backwards. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord God who helps me; who will declare me guilty?

This is the word of the Lord.

All **Thanks be to God.**

Responsorial Psalm 54
sung by the choir

I will praise your name, for it is gracious.

All **I will praise your name, for it is gracious.**

Save me, O God, by your name
And vindicate me by your power.
Hear my prayer, O God;
give heed to the words of my mouth.

All **I will praise your name, for it is gracious.**

For strangers have risen up against me,
and the ruthless seek after my life;
they have not set God before them.

All **I will praise your name, for it is gracious.**

Behold, God is my helper;
it is the Lord who upholds my life.
May evil rebound on those who lie in wait for me;
Destroy them in your faithfulness.

All **I will praise your name, for it is gracious.**

An offering of a free heart will I give you
and praise your name, O Lord, for it is gracious.
For he has delivered me out of all my trouble,
and my eye has seen the downfall of my enemies.

All **I will praise your name, for it is gracious.**

Second Reading
James 3: 13 – 4: 3, 7-8a

A reading from the letter of St James.

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness

of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace. Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures. Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

This is the word of the Lord.

All **Thanks be to God.**

Please stand

Gospel Acclamation
sung by the choir

Alleluia! Alleluia! Alleluia!

Speak, Lord, for your servant is listening; you have the words of eternal life.

Gospel Reading
Mark 9: 30-37

The president says

The Lord be with you.

All **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you, O Lord.**

After leaving the mountain Jesus and his disciples went on from there and passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, 'The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.' But they did not understand what he was saying and were afraid to ask him. Then they came to Capernaum; and when he was in the house he asked them, 'What

were you arguing about on the way?' But they were silent, for on the way they had argued with one another about who was the greatest. He sat down, called the twelve, and said to them, 'Whoever wants to be first must be last of all and servant of all.' Then he took a little child and put it among them; and taking it in his arms, he said to them, 'Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

The preacher says an opening invocation or prayer, and then all sit.

Please stand

The Creed

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;**

The Liturgy of the Sacrament

The Peace

The president introduces the Peace

Christ is our peace.

He has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

All

And also with you.

Hymn

**O worship the King
All glorious above;
O gratefully sing
His power and his love:
Our Shield and Defender,
The Ancient of days,
Pavilioned in splendour,
And girded with praise.**

**O tell of his might,
O sing of his grace,
Whose robe is the light,
Whose canopy space.
His chariots of wrath
The deep thunder-clouds form,
And dark is his path
On the wings of the storm.**

**This earth, with its store
Of wonders untold,
Almighty, thy power
Hath founded of old:
Hath stablished it fast
By a changeless decree,
And round it hath cast,
Like a mantle, the sea.**

**Thy bountiful care
What tongue can recite?
It breathes in the air,
It shines in the light;
It streams from the hills,
It descends to the plain,
And sweetly distils
In the dew and the rain.**

**Frail children of dust,
And feeble as frail,
In thee do we trust,
Nor find thee to fail;
Thy mercies how tender!
How firm to the end!
Our Maker, Defender,
Redeemer, and Friend.**

**O measureless Might,
Ineffable Love,
While angels delight
To hymn thee above,
Thy humbler creation,
Though feeble their lays,
With true adoration
Shall sing to thy praise.**

Eucharistic Prayer B

The president says

The Lord be with you.

All **And also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.
By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.
Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

The choir sings the Sanctus

Sanctus, Sanctus, Sanctus
Dominus Deus Sabaoth.
Pleni sunt coeli et terra
gloria tua.
Hosanna in excelsis.

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full
of your glory.
Hosanna in the highest.

Please remain standing as the president continues

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

All **Christ has died:**
Christ is risen:
Christ will come again.

The Prayer continues

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary
and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, Almighty Father,
for ever and ever.

All **Amen.**

Please remain standing

The Lord's Prayer

The president introduces the Lord's Prayer

As our Saviour taught us, so we pray:

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

The president says the following invitation to Communion.

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

At the Distribution the president says

The body of Christ.

The communicant replies each time Amen, and then receives.

The choir sings the Agnus Dei

Agnus Dei, qui tollis

peccata mundi:

miserere nobis.

Agnus Dei, qui tollis

peccata mundi:

dona nobis pacem.

Lamb of God, you take away the

sin of the world,

have mercy upon us.

Lamb of God, you take away the

sin of the world,

grant us peace.

Anthem

'Lugebat David Absalon' by Nicolas Gombert (c.1495 – c. 1560)

Lugebat David Absalon,
pius pater filium,
tristis senex puerum:
Heu me, fili mi Absalon,
quis mihi det ut moriar,
ut ego pro te moriar,
O filii mi Absalom.
Rex autem David filium,
cooperto flebat capite:
Quis mihi det ut moriar,
O fili, O fili mi!

David mourned for Absalom,
a pious father for his son,
a grieving old man for his boy:
Ah me! My son Absalom,
would God I had died for you,

O my son, Absalom.
King David wept for his son
with his head covered:
Would God I had died for you,
O my son!

Words: 2 Samuel 18: 33 – 19: 4

After Communion

Please stand

Hymn

**Jesus, good above all other,
Gentle Child of gentle Mother,
In a stable born our Brother,
Give us grace to persevere.**

**Jesus, cradled in a manger,
For us facing every danger,
Living as a homeless stranger,
Make we thee our King most dear.**

**Jesus, for thy people dying,
Risen Master, death defying,
Lord in heaven, thy grace supplying,
Keep us to the presence near.**

**Jesus, who our sorrows bearest,
All our thoughts and hopes thou sharest,
Thou to man the truth declarest;
Help us all thy truth to hear.**

**Lord in all our doings guide us;
Pride and hate shall ne'er divide us;
We'll go on with thee beside us,
And with joy we'll persevere!**

Let us pray

The president says the Post Communion prayer.

Almighty God, you have taught us through your Son that love is the fulfilling of the law: grant that we may love you with our whole heart and our neighbours as ourselves; through Jesus Christ our Lord.

All **Amen.**

All **Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

The Dismissal

The president says

The Lord be with you.

All **And also with you.**

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be with you, and remain with you always.

All **Amen.**

The president says

Go in the peace of Christ.

All **Thanks be to God.**

Please remain standing as the choir and clergy depart.

Organ Voluntary

'Allegro assai vivace' (Sonata No 1) by Felix Mendelssohn (1809 – 1847)

Please take this order of service away with you.

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Truro
Cathedral