

Sung Eucharist for Sunday 22nd November at 10 am the feast of Christ the King



**Truro
Cathedral**

**President and Preacher:
The Bishop of Truro**

From the Canon Precentor

Dear friends,

A very warm welcome to our Sunday Eucharist. A very warm welcome also to the Bishop of Truro who is presiding and preaching for us today. While we are still unable to gather together for worship at the cathedral, it is my sincere hope that, as you watch and take part in the live-streamed service today that you will be able to make a spiritual communion.

Most of my primary school education took place in Australia. At lunch time all us children had to either go home for lunch or take a prepared packed lunch which we ate in the school gardens. When my family moved back to the UK I attended the local village school and for the first time encountered school dinners! Having only had sandwiches in school previously I loved them and ate everything, including the cabbage, carrots, sprouts and rice pudding. Amidst the cries from some of my friends of 'Oh no' and 'yuck' when the food was brought to the table, I loved my school dinners and fondly remember them all these years later, along with the seemingly small army of women who worked in the school kitchens each day to prepare and cook the food.

Richard Lander School here in Truro has developed a close relationship with the Molly and Paul Schools in Kamuzinda, Uganda. Each year a group of students and staff from Richard Lander School travel to Uganda to spend time at their partner schools. Here the Truro students share in the Ugandan education experience, they take much needed equipment and goods to help those unable to afford them and they undertake work on the school buildings. In previous years they have impressively raised funds and worked on extensions to dormitories, built new toilet blocks and washrooms, painted the exterior walls of the building, transformed a derelict classroom and dug a new well to provide much needed water.

Of course sadly, this year the pandemic means that the group who were planning to go to Uganda are unable to do so. Nevertheless Richard Lander School plans to do what it can to provide much needed help.

The daily diet of most poor/rural people in Uganda is posho and beans. Posho is ground and boiled maize which is mixed with beans. It may not be very appetising, but it is food! During the lockdown most of the population in Uganda went hungry as food prices more than tripled. As the planned trip from Richard Lander could not go ahead, the funds raised went towards establishing an agricultural project at the Molly and Paul Schools. Six acres of maize (posho) were planted along with six acres of beans. This has provided two harvests which has fed about 1000 children and their

families and will continue to do so until around Easter 2021. The cost of the crops was £5000 which it is hoped Richard Lander can raise each year to ensure that the children of the Ugandan school can each receive a daily meal.

In order to try and fund this invaluable project, staff and students of Richard Lander are being asked to eat like a Ugandan for one day – and that involves eating nothing but posho and beans! It is hoped that, if 100 people take part and each person is sponsored and raises £50, then the project will be fully funded and the school children in their partner school will be fed.

Wishing not only to support the staff and students of Richard Lander School in this admirable venture, I have undertaken to eat like a Ugandan for a day during the last week of term in December. I have no idea what posho and beans will taste like, but if I don't like it, I suspect that I will have a few pounds of body weight in reserve – unlike many in our world. If you would like to sponsor me, you would be most welcome to do so. If you would like to donate something, no matter how small, you are also welcome to do so via the Just Giving website: <https://www.justgiving.com/fundraising/richard-lander-school>.

Thank you in advance if you are able to donate something. I have no idea how the posho and beans are going to go down, but I also suspect that I will remember my school dinners at the old school in North Cornelly with gratitude and fondness!

Best wishes,

Canon Simon

The Gathering

Introit

Christ triumphant ever reigning

Christ triumphant ever reigning,
Saviour, Master, King!
Lord of heaven, our lives sustaining,
Hear us as we sing:
*Yours the glory and the crown,
The high renown, the eternal name.*

Suffering servant, scorned, ill-treated,
Victim crucified!
Death is through the cross defeated,
Sinners justified:

Priestly king, enthroned for ever
High in heaven above!
Sin and death and hell shall never
Stifle hymns of love:

So, our hearts and voices raising
Through the ages long,
Ceaselessly upon you gazing,
This shall be our song:

The Bishop says

In the name of the Father, and of the Son, and of the Holy Spirit.

All **Amen.**

The Greeting

The president greets the people

Peace be with you.
And also with you.

Words of welcome and introduction may be said.

Prayers of Penitence

The Bishop invites all to confess their sins

Christ is our King, and we are citizens of his eternal kingdom. He has commanded and taught us that, to live according to his will, we are to act at all times in love. Let us therefore acknowledge our sins.

All **Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The president says

Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

The choir sings the Gloria in excelsis.

Mass setting: The Truro Eucharist by David Briggs

Gloria in excelsis Deo,
Et in terra pax
hominibus bonae voluntatis.
Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Gratias agimus tibi propter
magnam gloriam tuam,
Domine Deus,
Rex caelestis,
Deus Pater omnipotens.
Domine Fili unigenite,
Jesu Christe, Domine Deus,
Agnus Dei, Filius Patris,
qui tollis
peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem
nostram.
Qui sedes ad dexteram Patris,
miserere nobis.
Quoniam tu solus Sanctus,
tu solus Dominus,
tu solus Altissimus,
Jesu Christe,
cum Sancto Spiritu:
in gloria Dei Patris.
Amen.

Glory to God in the highest,
and peace
to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you,
we give you thanks,
we praise you
for your glory.
Lord Jesus Christ,
only Son of the Father,
Lord God,
Lamb of God,
you take away the sin of the
world:
have mercy on us;
you are seated
at the right hand of the
Father:
receive our prayer.
For you alone
are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

Please remain standing

The Collect

The Bishop says the Collect, the special prayer for the day.

Let us pray

Eternal Father, whose Son Jesus Christ ascended to the throne of heaven that he might rule over all things as Lord and King: keep the Church in the unity of the Spirit and in the bond of peace, and bring the whole created order to worship at his feet; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit

The Liturgy of the Word

First Reading

Ezekiel 34: 11-16, 20-24

A reading from the book of the prophet Ezekiel.

Thus says the Lord God: I myself will search for my sheep, and will seek them out. As shepherds seek out their flocks when they are among their scattered sheep, so I will seek out my sheep. I will rescue them from all the places to which they have been scattered on a day of clouds and thick darkness. I will bring them out from the peoples and gather them from the countries, and will bring them into their own land; and I will feed them on the mountains of Israel, by the watercourses, and in all the inhabited parts of the land. I will feed them with good pasture, and the mountain heights of Israel shall be their pasture; there they shall lie down in good grazing land, and they shall feed on rich pasture on the mountains of Israel. I myself will be the shepherd of my sheep, and I will make them lie down, says the Lord God. I will seek the lost, and I will bring back the strayed, and I will bind up the injured, and I will strengthen the weak, but the fat and the strong I will destroy. I will feed them with justice. Therefore, thus says the Lord God to them: I myself will judge between the fat sheep and the lean sheep. Because you pushed with flank and shoulder, and butted at all the weak animals with your horns until you scattered them far and wide, I will save my flock, and they shall no longer be ravaged; and I will judge between sheep and sheep. I will set up over them one shepherd, my servant David, and he shall feed them: he shall feed them and be their shepherd. And I,

the Lord, will be their God, and my servant David shall be prince among them; I, the Lord, have spoken.

This is the word of the Lord.

All

Thanks be to God.

Responsorial Psalm 95: 1-7

sung by the choir

O come let us worship and bow down and kneel before our Maker.

O come, let us sing to the Lord,
Let us heartily rejoice in the rock of our salvation.
Let us come into his presence with thanksgiving
And be glad in him with psalms.

For the Lord is a great God and a great king above all gods.
In his hand are the depths of the earth and the heights of the mountains are his also.

The sea is his, for he made it,
And his hands have moulded the dry land.

Come let us worship and bow down,
And kneel before the Lord our Maker.
For he is our God;
we are the people of his pasture and the sheep of his hand.

**Second Reading
Ephesians 1: 15-end**

A reading from the letter of St Paul to the Ephesians.

I have heard of your faith in the Lord Jesus and your love towards all the saints, and for this reason I do not cease to give thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. And he has put all things under his feet and has made him the head over all

things for the church, which is his body, the fullness of him who fills all in all.

This is the word of the Lord.

All **Thanks be to God.**

Please stand

Gospel Acclamation
sung by the choir

Alleluia! Alleluia!

Blessed is the king who comes in the name of the Lord,
Peace in heaven and glory in the highest heaven. Alleluia!

Gospel Reading
Matthew 25: 31-end

The Bishop says

The Lord be with you.

All **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

Jesus said to his disciples: 'When the Son of Man comes in his glory, and all the angels with him, then he will sit on the throne of his glory. All the nations will be gathered before him, and he will separate people one from another as a shepherd separates the sheep from the goats, and he will put the sheep at his right hand and the goats at the left. Then the king will say to those at his right hand, "Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me." Then the righteous will answer him, "Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?" And the king will answer them, "Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me." Then he will

say to those at his left hand, "You that are accursed, depart from me into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me nothing to drink, I was a stranger and you did not welcome me, naked and you did not give me clothing, sick and in prison and you did not visit me." Then they also will answer, "Lord, when was it that we saw you hungry or thirsty or a stranger or naked or sick or in prison, and did not take care of you?" Then he will answer them, "Truly I tell you, just as you did not do it to one of the least of these, you did not do it to me." And these will go away into eternal punishment, but the righteous into eternal life.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

The Bishop says an opening invocation or prayer, and then all sit.

Please stand

The Creed

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;**

The Liturgy of the Sacrament

The Peace

The Bishop introduces the Peace

To crown all things there must be love,
to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.

The peace of the Lord be always with you.

All **And also with you.**

Please sit while the altar is prepared but stand when the organ stops playing.

Eucharistic Prayer A

The Bishop says

The Lord be with you.

All **And also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

It is indeed right, our duty and our joy,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.

For with the oil of gladness
you have anointed Christ the Lord, your only Son,
to be our great high priest and king of all creation.

As priest, he offered himself once for all upon the altar of the cross
and redeemed the human race by this perfect sacrifice of peace.

As king he claims dominion over all your creatures,
that he may bring before your infinite majesty
a kingdom of truth and life,
a kingdom of holiness and grace,
a kingdom of justice, love and peace.

And so with angels and archangels
and all the heavenly host,
we proclaim your glory
and join in their unending hymn of praise:

The choir sings

Sanctus, Sanctus, Sanctus
Dominus Deus Sabaoth.
Pleni sunt coeli et terra
gloria tua.
Hosanna in excelsis.

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full
of your glory.
Hosanna in the highest.

Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.

Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

Please remain standing as the Bishop continues

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine may be to us
his body and his blood;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper he took the cup
and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

All **Christ has died:
Christ is risen:
Christ will come again**

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty, renew us by your Spirit,
inspire us with your love and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

All **Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

Please remain standing.

The Lord's Prayer

The Bishop introduces the Lord's Prayer in these or other suitable words

Let us pray for the coming of the Kingdom
in the words our Saviour gave us:

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

The Bishop breaks the consecrated bread.

We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

*The president says the following or another appropriate invitation to
Communion*

Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

At the Distribution the Bishop says

The body of Christ.

*The communicant replies each time **Amen**, and then receives.*

The choir sings:

Agnus Dei, qui tollis
peccata mundi:
miserere nobis.

Agnus Dei, qui tollis
peccata mundi:
dona nobis pacem.

Lamb of God, you take away
the sin of the world,
have mercy upon us.

Lamb of God, you take away
the sin of the world,
grant us peace.

Antiphon

Antiphon (from Five Mystical Songs) – Ralph Vaughan Williams

Let all the world in every corner sing
My God and King!

The heavens are not too high
His praise may thither fly:
The earth is not too low
His praises there may grow

Let all the world in every corner sing
My God and King!

The church with Psalms must shout
No door can keep them out:
But above all, the heart
Must bear the longest part

Let all the world in every corner sing
My God and King!

After Communion

Please stand

Let us pray

The Bishop says the Post Communion prayer.

Stir up, O Lord,
the wills of your faithful people;
that they, plenteously bringing forth the fruit of good works,
may by you be plenteously rewarded;
through Jesus Christ our Lord.

All **Amen.**

The following prayer is said.

All **Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

The Bishop says

The Lord be with you.

All **And also with you.**

God the Father,
who has given to his Son the name above every name,
strengthen you to proclaim Christ Jesus as Lord.

All **Amen.**

God the Son,
who is our great high priest passed into the heavens,
plead for you at the right hand of the Father.

All **Amen.**

God the Holy Spirit,
who pours out his abundant gifts upon the Church,
make you faithful servants of Christ our King.

All **Amen.**

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

The Bishop says

Go in the peace of Christ.

All **Thanks be to God.**

Please remain standing as the Bishop departs.

Organ Voluntary

Marche Episcopale by David Briggs (b. 1962)

Please take this order of service away with you.

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