

Sung Eucharist
Sunday 23rd January 2022
at 10 am
The Third Sunday of
Epiphany



**Truro
Cathedral**

**President and Preacher:
Canon Elly Sheard, Canon
for Creation Care**

From Canon Elly

Teaching and learning about the Christian faith has always been a part of the life of Christian discipleship. Indeed, in our gospel reading this morning we find Jesus doing exactly that as he unrolls the scroll of the prophecy of Isaiah and begins to teach the people gathered in the synagogue on that sabbath morning.

Here at Truro Cathedral, we are currently considering the learning needs of those among us who may be relatively newly arrived in the Church, or those who, for whatever reason, feel they would like a better grasp of the basics of our faith. In parallel with confirmation classes that I will shortly be offering to the choristers, Canon Alan has offered to run a series of confirmation classes for adults. Although the classes will be nominally aimed at those who would like to be confirmed into (ie become full members of) the Church of England, they are open to anyone who would like a refresher of the basics of Christian belief and practice. If you are interested, speak to Canon Alan or to any of the Cathedral clergy to find out more.

From the Dean

We realise that there hasn't been an update on Covid regulations for some time, so here is the latest position.

Last week, the prime minister announced that Plan B, effectively, is now being lifted for England, which means that everyone coming into the cathedral, from Wednesday, is no longer required to wear a face covering. It will now be very much down to the discretion of the individual attendee whether or not they wear a face covering. All we can advise is that we must always be sensitive to those around us. This is not an occasion to put the bunting out: indeed, we need to show greater awareness and responsibility than ever before. But at least we can see a transition taking place between living in fear of Covid to simply living with Covid, and after two years, notwithstanding uncertainties that dominate these issues, that is a cause for some relief.

We are currently keeping the podium altar arrangements for the Sunday Eucharist. The Choir will sing at the front of the nave, and communion given at the stations at the front of the Choir. We are conscious of the importance of the great festival days, like Easter, and for those we will use the High Altar: achieving a balance between the corporate sense of belonging to the same celebration, which is what most of you have said about the podium altar position, and allowing the whole building to resonate during great occasions is something we are very conscious of. We

will continue to live-stream both Sunday services and other prominent services as they arise. Weekday Evensongs will take place in the Quire, and on Sundays there will be a mixed pattern. At the moment the organ is making a string hissing sound that can be quite distracting especially when the service is being live-streamed!

For the moment, communion will still be given in one kind, although we are very aware of how many of you are missing the chalice. We do feel the time is not yet right to alter this, but, along with everything else, this is constantly under review.

THIS WEEK

Monday 24th January Francis de Sales, Bishop, Teacher, 1622	9.00	Holy Communion (<i>St Mary's Aisle</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	5.30	Evensong (<i>Quire</i>)
Tuesday 25th January CONVERSION OF ST PAUL	9.00	Holy Communion (<i>St Mary's Aisle</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	5.30	Solemn Evensong (<i>Quire</i>)
	7.30	Bellringing Practice
Wednesday 26th January Timothy and Titus, Companions of St Paul	9.00	Holy Communion (<i>St Mary's Aisle</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	5.30	Evensong (<i>Quire</i>)
Thursday 27th January <i>Richard Rolle of Hampole, Spiritual Writer, 1349</i>	9.00	Holy Communion (<i>St Mary's Aisle</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	12.10	Meditation (<i>St Mary's Aisle</i>)
	1.00	Holocaust Memorial Day Service
	5.30	Evensong <i>sung by Truro School Choir</i>
Friday 28th January Thomas Aquinas, Priest, Philosopher, Teacher, 1274	9.00	Holy Communion (<i>St Mary's Aisle</i>)
	9.30	Morning Prayer (<i>St Samson's Chapel</i>)
	11.00	BCP Holy Communion (<i>St Mary's Aisle</i>)
	5.30	Evensong (<i>Quire</i>)
Saturday 29th January	9.00	Holy Communion (<i>St Mary's Aisle</i>)
	9.30	Morning Prayer (<i>St Mary's Aisle</i>)
	4.00	Evening Prayer (<i>St Mary's Aisle</i>)
Next Sunday 30th January: Presentation of Christ in the Temple		
7.30 am	Morning Prayer BCP (<i>St Mary's Aisle</i>)	
8.00 am	Holy Communion BCP Canon Simon Griffiths, Canon Precentor	
10.00 am	Sung Eucharist (<i>Live streamed</i>) President and preacher: The Right Revd Graham James	
4.00 pm	Evensong (<i>Live streamed</i>) Preacher: The Dean	

Please remain seated as the choir sings the Introit

Introit

'Omnes de Saba' by Jacob Handl (1550 - 1591)

Omnes de Saba venient	All they from Saba shall come,
aurem et thus deferentes	bringing gold and frankincense
et laudem annuntiantes Domini.	And showing forth praise to God.

Words: Isaiah 60: 6

Please stand

Hymn

**We have a gospel to proclaim,
Good news for men in all the earth,
The gospel of a Saviour's name:
We sing his glory, tell his worth.**

**Tell of his birth at Bethlehem,
Not in a royal house or hall,
But in a stable dark and dim:
The Word made flesh, a light for all.**

**Tell of his death at Calvary,
Hated by those he came to save,
In lonely suffering on the cross:
For all he loved, his life he gave.**

**Tell of that glorious Easter morn,
Empty the tomb, for he was free:
He broke the power of death and hell
That we might share his victory.**

**Tell of his reign at God's right hand,
By all creation glorified:
He sends his Spirit on his Church,
To live for him, the Lamb who died.**

**Now we rejoice to name him King:
Jesus is Lord of all the earth.
This gospel message we proclaim;
We sing his glory, tell his worth.**

The president says

In the name of the Father, and of the Son, and of the Holy Spirit.

All **Amen.**

The Greeting

The president greets the people

The Lord be with you.

All **And also with you.**

Prayers of Penitence

The president invites all to confess their sins

The grace of God has dawned upon the world through our Saviour Jesus Christ, who sacrificed himself for us to purify a people as his own. Let us therefore confess our sins.

All **Almighty God,
our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

The president says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All **Amen.**

Please remain standing

The choir sings the Mass for Five Voices by William Byrd (c. 1539 - 1623)

Gloria in excelsis Deo,
et in terra pax
hominibus bonae voluntatis.
Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Gratias agimus tibi propter
magnam gloriam tuam,
Domine Deus,
Rex caelestis,
Deus Pater omnipotens.
Domine Fili unigenite,
Jesu Christe, Domine Deus,
Agnus Dei, Filius Patris,
qui tollis
peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem
nostram.
Qui sedes ad dexteram Patris,
miserere nobis.
Quoniam tu solus Sanctus,
tu solus Dominus,
tu solus Altissimus,
Jesu Christe,
cum Sancto Spiritu:
in gloria Dei Patris.
Amen.

Glory to God in the highest,
and peace
to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you,
we give you thanks,
we praise you
for your glory.
Lord Jesus Christ,
only Son of the Father,
Lord God,
Lamb of God,
you take away the sin of the
world:
have mercy on us;
you are seated
at the right hand of the
Father:
receive our prayer.
For you alone
are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

Please remain standing.

The Collect

The president says the Collect, the special prayer for the day.

Let us pray.

Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit

The Liturgy of the Word

First Reading

Nehemiah 8: 1-3, 5-6, 8-10

A reading from the book of the prophet Nehemiah.

All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the Lord had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the Lord, the great God, and all the people answered, 'Amen, Amen', lifting up their hands. Then they bowed their heads and worshipped the Lord with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading. And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, 'This day is holy to the Lord your God; do not mourn or weep.' For all the

people wept when they heard the words of the law. Then he said to them, 'Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength.'

This is the word of the Lord.

All **Thanks be to God.**

Responsorial Psalm 19: 1-4, 14

The heavens are telling the glory of God.

All **The heavens are telling the glory of God.**

The heavens are telling the glory of God
and the firmament proclaims his handiwork.
One day pours out its song to another
and one night unfolds knowledge to another.

All **The heavens are telling the glory of God.**

They have neither speech nor language
and their voices are not heard,
yet their sound has gone out into all lands
and their words to the ends of the earth.

All **The heavens are telling the glory of God.**

Let the words of my mouth
and the meditation of my heart
be acceptable in your sight,
O Lord, my strength and my redeemer.

All **The heavens are telling the glory of God.**

Second Reading 1 Corinthians 12: 12-31a

A reading from the first letter of St Paul to the Corinthians.

Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit. Indeed,

the body does not consist of one member but of many. If the foot were to say, 'Because I am not a hand, I do not belong to the body', that would not make it any less a part of the body. And if the ear were to say, 'Because I am not an eye, I do not belong to the body', that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, 'I have no need of you', nor again the head to the feet, 'I have no need of you.' On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honourable we clothe with greater honour, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honour to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it. Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

This is the word of the Lord.

All **Thanks be to God.**

Please stand

Gospel Acclamation

Alleluia, alleluia.

All **Alleluia, alleluia, alleluia!**

Christ was revealed in flesh, proclaimed among the nations
and believed in throughout the world.

All **Alleluia, alleluia, alleluia!**

Gospel Reading
Luke 4: 14-21

The president says

The Lord be with you.

All **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to St Luke.

All **Glory to you, O Lord.**

Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: 'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour.' And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, 'Today this scripture has been fulfilled in your hearing.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

The preacher says an opening invocation or prayer, and then all sit.

Please stand

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living
and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

**Thy hand, O God, has guided
Thy flock from age to age;
The wondrous tale is written,
Full clear, on every page;
Our fathers owned thy goodness,
And we their deeds record;
And both of this bear witness,
One Church, one Faith, one Lord.**

**Thy heralds brought glad tidings
To greatest, as to least;
They bade men rise, and hasten
To share the great King's feast;
And this was all their teaching,
In every deed and word,
To all alike proclaiming
One Church, one Faith, one Lord.**

**Through many a day of darkness,
Through many a scene of strife,
The faithful few fought bravely
To guard the nation's life.
Their gospel of redemption,
Sin pardoned, man restored,
Was all in this enfolded,
One Church, one Faith, one Lord.**

**And we, shall we be faithless?
Shall hearts fail, hands hang down?
Shall we evade the conflict,
And cast away our crown?
Not so: in God's deep counsels
Some better thing is stored;
We will maintain, unflinching,
One Church, one Faith, one Lord.**

**Thy mercy will not fail us,
Nor leave thy work undone;
With thy right hand to help us,
The victory shall be won;
And then, by men and angels,
Thy name shall be adored,
And this shall be their anthem,
One Church, one Faith, one Lord.**

Eucharistic Prayer B

The president says

The Lord be with you.

All **And also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

All honour and praise be yours always and everywhere,
mighty creator, ever-living God,
through Jesus Christ your only Son our Lord:
for at this time we celebrate your glory
made present in our midst.

In the coming of the Magi
the King of all the world was revealed to the nations.

In the waters of baptism
Jesus was revealed as the Christ,
the Saviour sent to redeem us.

In the water made wine
the new creation was revealed at the wedding feast.
Poverty was turned to riches, sorrow into joy.

Therefore with all the angels of heaven
we lift our voices to proclaim the glory of your name
and sing our joyful hymn of praise:

The choir sings the Sanctus

Sanctus, Sanctus, Sanctus
Dominus Deus Sabaoth.
Pleni sunt coeli et terra
gloria tua.
Hosanna in excelsis.

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full
of your glory.
Hosanna in the highest.

Please remain standing as the president continues

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

All **Christ has died:**
Christ is risen:
Christ will come again.

The Prayer continues

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary
and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

Please remain standing

The Lord's Prayer

The president introduces the Lord's Prayer

Believing the promises of God, let us pray with confidence as our
Saviour has taught us:

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

**as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

All **We break this bread to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

The president says the following invitation to Communion.

All **Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.
Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

At the Distribution the president says

The Body of Christ.

The communicant replies each time Amen, and then receives.

The choir sings the Agnus Dei

**Agnus Dei, qui tollis
peccata mundi:
miserere nobis.
Agnus Dei, qui tollis
peccata mundi:
dona nobis pacem.**

**Lamb of God, you take away the
sin of the world,
have mercy upon us.
Lamb of God, you take away the
sin of the world,
grant us peace.**

Anthem

'Lo! star led chiefs' by William Crotch (1775 - 1847)

Lo! star-led chiefs Assyrian odours bring,
And bending Magi seek their infant King!
Mark'd ye, where, hovering o'er His head,
The dove's white wings celestial glory shed?

After Communion

Please stand

Hymn

**Lord, thy word abideth,
And our footsteps guideth;
Who its truth believeth,
Light and joy receiveth.**

**When our foes are near us,
Then thy word doth cheer us,
Word of consolation,
Message of salvation.**

**When the storms are o'er us,
And dark clouds before us,
Then its light directeth,
And our way protecteth.**

**Who can tell the pleasure,
Who recount the treasure
By thy word imparted
To the simple-hearted?**

**Word of mercy, giving
Succour to the living;
Word of life, supplying
Comfort to the dying.**

**O that we discerning
Its most holy learning,
Lord, may love and fear thee,
Evermore be near thee!**

Let us pray

The president says the Post Communion prayer.

Almighty Father, whose Son our Saviour Jesus Christ is the light of the world: may your people, illumined by your word and sacraments, shine with the radiance of his glory, that he may be known, worshipped, and obeyed to the ends of the earth; for he is alive and reigns, now and for ever.

All **Amen.**

All **Faithful God,
in baptism you have adopted us as your children,
made us members of the body of Christ
and chosen us as inheritors of your kingdom:
we thank you that in this Eucharist
you renew your promises within us,
empower us by your Spirit to witness and to serve,
and send us out as disciples of your Son,
Jesus Christ our Lord.
Amen.**

The Dismissal

The president says

The Lord be with you.

All **And also with you.**

Christ the Son of God perfect in you the image of his glory and gladden your hearts with the good news of his kingdom; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen.**

The president says

Go in the peace of Christ.

All **Thanks be to God.**

Organ Voluntary

'Piece d'Orgue' BWV 572 by J. S. Bach (1685 – 1750)

Please remain standing as the choir and clergy depart.

Please take this order of service away with you.

Offerings

The collection supports the cathedral to offer sacred space and common ground to all in Cornwall, and to cherish our common life.

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