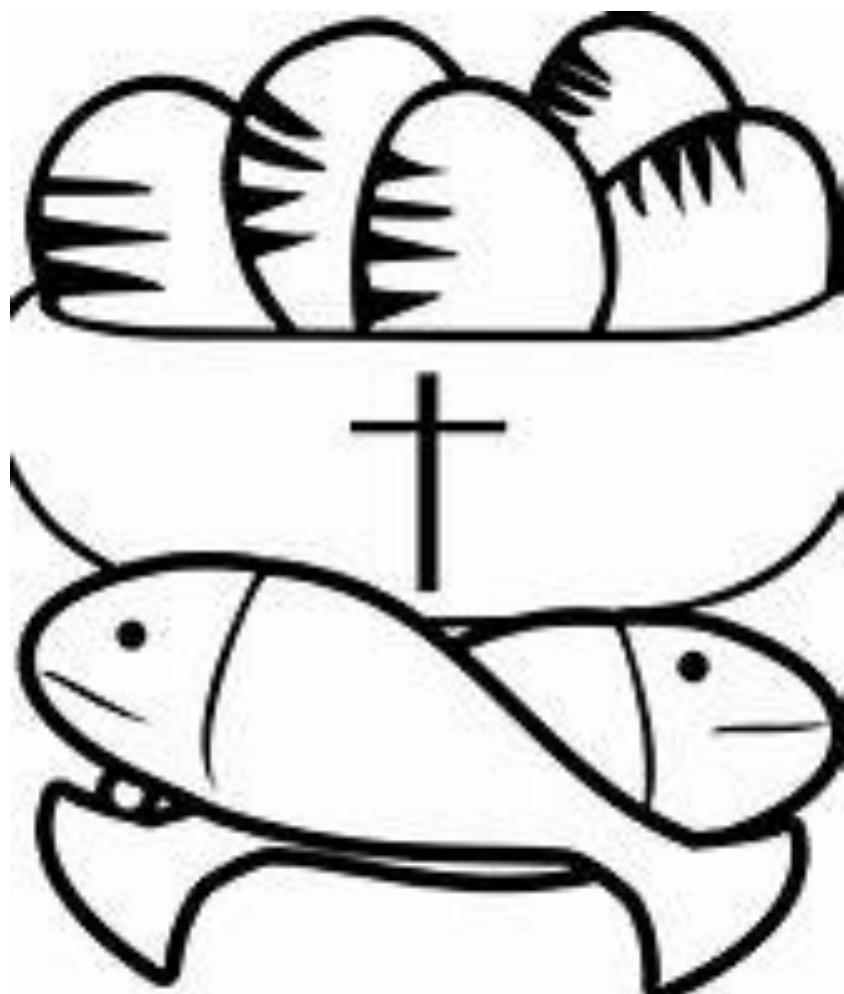


# **Holy Eucharist for Sunday 2nd August the Eighth Sunday after Trinity**

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**Truro  
Cathedral**

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President and  
Preacher: Canon  
Alan Bashforth  
Organist: Christopher  
Gray

## **ABOUT THIS SERVICE**

Welcome to Truro Cathedral. It is with great rejoicing that we are able to hold public worship within the cathedral again. Nevertheless please note that certain precautions will still have to be observed:

- Unless you live in the same household please ensure that you observe the social distancing regulations at all times, especially when choosing a seat or queueing for communion.
- In order to minimise movement around the cathedral the service will be conducted from a nave altar which will be situated in the Crossing.
- Communion can only be received in one kind only (the consecrated bread).
- Please follow the guidance of the stewards and vergers when going to receive Holy Communion. Please also ensure the 2 metre distancing when queueing to receive communion.
- It is currently unclear whether singing is a cause of transmission of the COVID-19 virus. Until the scientific evidence indicates otherwise and permission is given, regrettably the service will be unable to contain congregational hymns or choral music.
- To minimise physical contact, the Peace will not be shared.
- Please make every effort to support the cathedral at this financially difficult time. Although a collection plate will be available at the back of the cathedral, we would request everyone to please use the contactless donation point which can be found in the north aisle.
- Although printed orders of service are available in the cathedral, you are invited to download the order of service onto your mobile phone, ipad or other electronic device. Orders of service can also be printed at home and brought to the cathedral for personal use.
- Please take this order of service home with you at the end of the service.

Gluten free hosts are available for those who need them. Please have a word with a verger before the service if you require gluten free.

All who usually receive Holy Communion in their own church are warmly invited to do so today. If you would prefer to receive a blessing, please bow your head as a signal to the minister.

## **From the Canon Chancellor**

Dear Friends and Pilgrims,

Welcome to Truro Cathedral. A warm welcome to those we know well - who are with us week by week - and a special welcome to you if you are visiting us for the first time today. We are now five weeks into being back together in this magnificent worship setting and we are pretty used by now to what happens. If you are one of those visiting today though worry not, there are plenty of people around to direct you to where you need to be, and to let you know when you need to be there.

We are trying our level best here to be as compliant as we can be to the guidance that is issued in connection with places of worship and the conduct of services, both by the government and by the Church of England. I say we are trying, because it can be a little difficult to keep up with the messaging that can, and does sometimes, change overnight. That said we are confident that we are doing everything as safely as we can while we get on with our core activity of worshipping God through Jesus Christ, inspired, even in these challenging times, by the Holy Spirit.

There has been a change, since the Dean's message last week, to the Church of England's guidance on wearing facial coverings in Church. The simplest way of addressing that is simply to quote below what that guidance now says.

**"We strongly advise that face coverings should be worn by all those attending a place of worship, including ministers, worshippers, staff, volunteers, contractors and visitors, where there may be other people present; remembering that they are mainly intended to protect other people, not the wearer, from**

**coronavirus COVID-19 and that they are not a replacement for physical distancing and regular hand washing."**

We have noted that this is something not mandatory and we will not be turning away those who do not comply, but you can see for yourselves the strength of the message and we leave people to do what they will in light of it. We do think ourselves. that those who can wear face coverings should – for the benefit of others.

A final thought is for those who are still unsure about returning to Church and public services. If you do know someone like that who would like to receive Holy Communion, then an arrangement can be made to meet with them in the cathedral and offer them this from the reserved sacrament. If you know of anyone in this situation, I am happy to be the first point of contact and arrangements can be made from there. (07743807258 will get me most any day but Friday).

With Every Blessing,  
Canon Alan

## THIS WEEK

<b>Monday 3rd August</b>  <i>Jean-Baptiste Vianney, Curé d'Ars</i>	9.00 9.30 3.00	Holy Communion (Nave) Morning Prayer (Nave) Evening Prayer (Nave)
<b>Tuesday 4th August</b>  <i>Jean-Baptiste Vianney, Curé d'Ars</i>	9.00 9.30 3.00	Holy Communion (Nave) Morning Prayer (Nave) Evening Prayer (Nave)
<b>Wednesday 5th August</b>  <i>Oswald, King, Martyr, 642</i>	9.00 9.30 3.00	Holy Communion (Nave) Morning Prayer (Nave) Evening Prayer (Nave)
<b>Thursday 6th August</b> <b>THE TRANSFIGURATION</b>	9.00 9.30 3.00	Holy Communion (Nave) Morning Prayer (Nave) Evening Prayer (Nave)
<b>Friday 7th August</b>  <i>John Mason Neale, Priest, Hymn Writer, 1866</i>	9.00 9.30 3.00	Holy Communion (Nave) Morning Prayer (Nave) Evening Prayer (Nave)
<b>Saturday 8th August</b>  <i>Dominic, Priest, Founder of the Order of Preachers, 1221</i>	9.00 9.30 3.00	Holy Communion (Nave) Morning Prayer (Nave) Evening Prayer (Nave)

## **Next Sunday 9th August: Ninth Sunday after Trinity**

8.00 am BCP Holy Communion (*Quire*)  
9.00 am Morning Prayer (*St Samson's Chapel*)  
10.00 am Sunday Eucharist I (*Nave*)  
11.30 am Sunday Eucharist II  
3.00 pm BCP Evening Prayer (*St Mary's Aisle*)

## **The Gathering**

*Please stand as a verger leads the president to the altar.*

*The president says*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

All **Amen.**

## **The Greeting**

*The president greets the people*

Grace, mercy and peace      or  
from God our Father  
and the Lord Jesus Christ  
be with you.

The Lord be with you.  
**And also with you.**

All **And also with you.**

*Words of welcome and introduction may be said.*

## **Prayers of Penitence**

A Kyrie Confession is said

Wash away all my iniquity  
and cleanse me from my sin.  
Lord, have mercy.  
**Lord, have mercy.**

Against you, you only have I sinned  
and done what is evil in your sight.  
Christ, have mercy.

**Christ, have mercy.**

Create in me a pure heart, O God,  
and renew a steadfast spirit within me.  
Lord, have mercy.  
**Lord, have mercy.**

*The president says*

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

All **Amen.**

*Please remain standing*

*The Gloria is said*

All **Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ,  
only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,**

**in the glory of God the Father.  
Amen.**

*Please remain standing*

### **The Collect**

*The president says the Collect, the special prayer for the day.*

**Let us pray**

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**All    Amen.**

*Please sit*

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### **The Liturgy of the Word**

**First Reading  
Isaiah 55: 1-5**

A reading from the book of the prophet Isaiah.

The Lord says this: Everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an

everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you.

This is the word of the Lord.

All **Thanks be to God.**

*Please remain seated*

### **Responsorial Psalm 145**

I will bless your name for ever, my God and King.

All **I will bless your name for ever, my God and King.**

Great is the Lord, and worthy of all praise,

His glory is past searching out:

All people shall recount the might of your deeds,

And proclaim your majesty

All **I will bless your name for ever, my God and King.**

The Lord loves all that he has made,

His mercy is over all his works:

All your works speak your praise,

And your people give you thanks.

All **I will bless your name for ever, my God and King.**

The Lord is near to those who call,

He hears their cry and brings them help:

My mouth shall tell the praise of God,

And let all flesh his name adore.

All **I will bless your name for ever, my God and King.**

### **Second Reading Romans 9: 1-5**

A reading from the letter of St Paul to the Romans

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred

according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

This is the word of the Lord.

All **Thanks be to God.**

*Please stand*

### **Gospel Acclamation**

Alleluia! Alleluia!

We do not live on bread alone, but on every word that comes from the mouth of God.

All **Alleluia!**

### **Gospel Reading Matthew 14: 13-21**

*The president says*

The Lord be with you.

All **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

When Jesus heard that Herod had beheaded John the Baptist, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, ‘This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.’ Jesus said to them, ‘They need not go away; you give them something to eat.’ They replied, ‘We have nothing here but five loaves and two fish.’ And he said, ‘Bring them here to me.’ Then he ordered the crowds to

sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

### Sermon

The preacher says an opening invocation or prayer, and then all sit.

*At the end of the sermon all remain seated.*

### Organ Reflection

Please stand

### The Creed

All **We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,**

and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
**Amen.**

*Please sit*

## Prayers of Intercession

*These responses may be used*

## *At the commemoration of the faithful departed*

All Rest eternal grant unto them, O Lord  
**and let light perpetual shine upon them.**

All May they rest in peace  
**and rise in glory.**

At the end of the prayers silence may be kept and the intercessor may say the following or another appropriate collect

Rejoicing in the fellowship of the Blessed Virgin Mary  
and all your saints,  
we commend ourselves and the whole creation  
to your unfailing love.

All   **Merciful Father,**  
      accept these prayers  
      for the sake of your Son,  
      our Saviour Jesus Christ.  
**Amen.**

Please stand

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## The Liturgy of the Sacrament

### The Peace

*The president introduces the Peace*

To crown all things there must be love,  
to bind all together and complete the whole.  
Let the peace of Christ rule in our hearts.

The peace of the Lord be always with you.

All **And also with you.**

*Please sit while the altar is prepared but stand when the organ stops playing*

### Eucharistic Prayer E

*The president says*

The Lord be with you.

All **And also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
holy Father, almighty and eternal God.

From sunrise to sunset this day is holy,  
for Christ has risen from the tomb  
and scattered the darkness of death  
with light that will not fade.

This day the risen Lord walks with your gathered people,  
unfolds for us your word,  
and makes himself known in the breaking of the bread.  
And though the night will overtake this day  
you summon us to live in endless light,  
the never-ceasing sabbath of the Lord.  
And so, with choirs of angels

and with all the heavenly host,  
we proclaim your glory  
and join their unending song of praise:

All   **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

*Please remain standing as the president continues*

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Great is the mystery of faith.

All   **Christ has died.  
Christ is risen.  
Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with the Blessed Virgin Mary and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

All   **Amen.**

*Please remain standing.*

### **The Lord's Prayer**

*The president introduces the Lord's Prayer in these or other suitable words*

As our Saviour taught us, so we pray:

All   **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

### **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

All **Though we are many, we are one body,  
because we all share in one bread.**

All **Jesus, Lamb of God,  
have mercy on us.  
Jesus, bearer of our sins,  
have mercy on us.  
Jesus, redeemer of the world,  
grant us peace.**

### **Giving of Communion**

*The president says the following or another appropriate invitation to communion*

God's holy gifts  
for God's holy people.

All **Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*Please sit. Communion will be administered at the front of the Nave. Please follow the direction of the Lay Assistants during the Distribution of Communion. Please maintain the appropriate social distance.*

*At the Distribution the minister says*

The body of Christ.

*The communicant replies each time Amen, and then receives.*

## **After Communion**

*Please stand*

*Let us pray*

*The president says the Post Communion prayer.*

Strengthen for service, Lord, the hands that have taken holy things; may the ears which have heard your word be deaf to clamour and dispute; may the tongues which have sung your praise be free from deceit; may the eyes which have seen the tokens of your love shine with the light of hope; and may the bodies which have been fed with your body be refreshed with the fullness of your life; glory to you for ever.

**All    Amen.**

*The following prayer is said.*

**All    Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**

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## **The Dismissal**

*The president says*

**All    The Lord be with you.  
And also with you.**

*The Lord bless you and watch over you,*

the Lord make his face shine upon you  
and be gracious to you,  
the Lord look kindly on you and give you peace;  
and the blessing ...

All **Amen.**

*The president says*

Go in the peace of Christ.

All **Thanks be to God.**

*Please remain standing as the president departs.*

**Organ Voluntary**

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**Please take this order of service away with you.**