

# Sung Eucharist on Sundays in Ordinary Time

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Welcome to Truro Cathedral and to this Eucharist. In it we recall the last meal of Christ with his friends in the Upper Room, and we recognise him in the breaking of the bread. Although our faith is grounded in history, this service is not a nostalgic looking back to the events of the past: it is a celebration that in the Eucharist Christ is truly present to us now, and a promise of the glory that will be ours when the whole universe is made complete in him.

The service falls into four major sections:

**The Gathering**, in which we come together as God's people, and prepare in penitence and joy to receive Christ in Word and Sacrament;

**The Liturgy of the Word**, in which we listen to the words of Scripture (culminating in the reading of the Gospel), explore the faith through the sermon and the Creed, and bring our prayers to God;

**The Liturgy of the Sacrament**, in which bread and wine are blessed in remembrance of Christ's death and resurrection, linking his sacrifice on the cross with our offering of prayer and praise, and transforming the elements of bread and wine into our spiritual food, food we are invited to share in Holy Communion;

**The Dismissal**, in which we are sent out to be the Body of Christ in the world.

Please note that communion will be administered at a Nave Station for those with mobility problems and for those who would like to receive there. Gluten free hosts are available at the High Altar communion point. Please have a word with a vergier before the service if you require gluten free.

All who usually receive Holy Communion in their own church are warmly invited to do so today. If you would prefer to receive a blessing, please bow your head as a signal to the minister.

Please note that intinction (dipping the wafer in the wine) is not permitted at Truro Cathedral.

***Please do not take this order of service away.***

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## The Gathering

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*Please remain seated while the choir sings the Introit*

*Stand to sing the Opening Hymn.*

*The president says*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

### The Greeting

*The president greets the people*

Grace, mercy and peace            or  
from God our Father  
and the Lord Jesus Christ  
be with you.

The Lord be with you.  
**and also with you.**

**And also with you.**

### Prayers of Penitence

*The president or deacon invites all to confess their sins using these or other suitable words:*

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

*after which all say;*

**Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed, through negligence, through  
weakness, through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,**

**forgive us all that is past and grant that we may serve you in newness of life to the glory of your name.  
Amen.**

*Or, with suitable penitential sentences, the Kyrie eleison may be used*

Lord, have mercy.  
**All Lord, have mercy.**

Christ, have mercy.  
**All Christ, have mercy.**

Lord, have mercy.  
**All Lord, have mercy.**

*The president says*

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness, and keep you in life  
eternal; through Jesus Christ our Lord.  
**Amen.**

### **Remain standing**

*The choir sings the Gloria in excelsis*

Gloria in excelsis Deo,  
Et in terra pax  
hominibus bonae voluntatis.  
Laudamus te, benedicimus  
te,  
adoramus te, glorificamus  
te.  
Gratias agimus tibi propter  
magnam gloriam tuam,  
Domine Deus,  
Rex caelestis,  
Deus Pater omnipotens.  
Domine Fili unigenite,

Glory to God in the highest,  
and peace  
to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship you,  
we give you thanks,  
we praise you  
for your glory.  
Lord Jesus Christ,  
only Son of the Father,  
Lord God,  
Lamb of God,

Jesu Christe, Domine Deus,  
Agnus Dei, Filius Patris,  
qui tollis  
peccata mundi,  
miserere nobis.  
Qui tollis peccata mundi,  
suscipe deprecationem  
nostram.  
Qui sedes ad dexteram  
Patris,  
miserere nobis.  
Quoniam tu solus Sanctus,  
tu solus Dominus,  
tu solus Altissimus,  
Jesu Christe,  
cum Sancto Spiritu:  
in gloria Dei Patris.  
Amen.

you take away the sin of the  
world:  
have mercy on us;  
you are seated  
at the right hand of the  
Father:  
receive our prayer.  
For you alone  
are the Holy One,  
you alone are the Lord,  
you alone are the Most  
High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the  
Father.  
Amen.

**Remain standing.**

### **The Collect**

*The president says the Collect, the special prayer for the day. All  
respond*      **Amen.**

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### **The Liturgy of the Word**

**Sit**

### **First Reading**

*At the end the reader says*  
This is the word of the Lord.  
**Thanks be to God.**

**Remain seated**

### **Psalm or Canticle**

*The words of any congregational response can be found on the weekly service sheet.*

## **Second Reading**

*At the end the reader says*

This is the word of the Lord.

**Thanks be to God.**

## **Stand**

## **Gospel Reading**

*All turn to face the Book of the Gospels as it passes them in the procession.*

*The following or another suitable acclamation heralds the Gospel reading.*

Choir Alleluia, alleluia, alleluia.

All **Alleluia, alleluia, alleluia.**

*The choir sings a sentence and then all repeat*

All **Alleluia, alleluia, alleluia.**

*The deacon says*

The Lord be with you

**and also with you.**

Hear the Gospel of our Lord Jesus Christ according to N.

**Glory to you, O Lord.**

*At the end the deacon says*

This is the Gospel of the Lord.

**Praise to you O Christ**

*All remain standing while the Gospel procession returns.*

*The preacher says an opening invocation or prayer, and then **all sit.***

## **Sermon**

*At the end of the sermon all remain seated, standing when the president stands.*

## **The Creed**

*All* **We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,**





Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

The peace of the Lord be always with you  
**and also with you.**

*The deacon says*

Let us offer one another a sign of peace.

*All exchange a sign of peace.*

### **Preparation of the Table Taking of the Bread and Wine**

*The Offertory Hymn is sung during which the altar is prepared and the gifts of the people are gathered and presented.*

*The president may say this or another Offertory prayer*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
and of your own do we give you.**

*One of the following Eucharistic Prayers is used*

### **Prayer A**

*The president says*

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right,  
it is our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ your Son our Lord.

For he is your living Word;  
through him you have created all things from the beginning,  
and formed us in your own image.  
Through him you have freed us from the slavery of sin,  
giving him to be born of a woman and to die upon the cross;  
you raised him from the dead  
and exalted him to your right hand on high.  
Through him you have sent upon us  
your holy and life-giving Spirit,  
and made us a people for your own possession.  
Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

*Choir*

Sanctus, Sanctus, Sanctus  
Dominus Deus Sabaoth.  
Pleni sunt coeli et terra  
gloria tua.  
Hosanna in excelsis.

Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full  
of your glory.  
Hosanna in the highest.

*The following words may be sung here or during the distribution.*

*Choir*

Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.

*All remain standing as the president continues*

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,

grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

*The deacon says*

Great is the mystery of faith

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

**Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

*All remain standing.*

*The service continues on page .....*

## **Prayer B**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.  
By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.  
Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

### *Choir*

Sanctus, Sanctus, Sanctus  
Dominus Deus Sabaoth.  
Pleni sunt coeli et terra  
gloria tua.  
Hosanna in excelsis.

Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full  
of your glory.  
Hosanna in the highest.

*The following words may be sung here or during the distribution.*

*Choir*

Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying: Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

*The Deacon says:*

Great is the mystery of faith

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy

to stand in your presence and serve you.  
Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of [N and] all the saints,  
may praise and glorify you for ever, through Jesus Christ our  
Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit, all honour and glory be yours,  
almighty Father, for ever and ever.

**Amen.**

*All remain standing.*

*The service continues on page ...*

## **Prayer E**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and singing:

*Choir*

Sanctus, Sanctus, Sanctus  
Dominus Deus Sabaoth.  
Pleni sunt coeli et terra  
gloria tua.  
Hosanna in excelsis.

Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full  
of your glory.  
Hosanna in the highest.

*The following words may be sung here or during the distribution.*

*Choir*

Benedictus qui venit

Blessed is he who comes

in nomine Domini.  
Hosanna in excelsis.

in the name of the Lord.  
Hosanna in the highest.

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection until he comes in  
glory.

*The Deacon says:*  
Great is the mystery of faith  
**Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

Lord of all life, help us to work together for that day  
when your kingdom comes and justice and mercy will be seen  
in all the earth.  
Look with favour on your people,  
gather us in your loving arms and bring us with [N and] all the  
saints to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,

all honour and glory are yours, O loving Father,  
for ever and ever.

**Amen.**

*All remain standing.*

### **The Lord's Prayer**

*The president introduces the Lord's Prayer in these or other  
suitable words*

As our Saviour taught us, so we pray:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

### **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

*All* **Though we are many, we are one body,  
because we all share in one bread.**

### **Giving of Communion**

*The president says the following or another appropriate invitation  
to communion*

Jesus is the Lamb of God who takes away the sin of the world.  
Blessed are those who are called to his supper.

*All* **Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**



*All sit. Please follow the direction of the Lay Assistants during the distribution of communion.*

*At the distribution the minister says*

The body of Christ.                      and                      The blood of Christ.

*The communicant replies each time Amen, and then receives.  
During the distribution anthems may be sung*

## **After Communion**

*When all have received communion the President says*

Let us pray

**Stand**

*The president says the Post Communion prayer.*

*The following prayer is said*

*All*    **Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**

*The Post Communion hymn is sung*

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## **The Dismissal**

*The president says*

*All*    The Lord be with you  
**and also with you.**

*The president uses this or another suitable blessing*

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God,

and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

*The deacon says*

Go in the peace of Christ.

*All* **Thanks be to God.**

**Remain standing** *as the choir and clergy depart.*