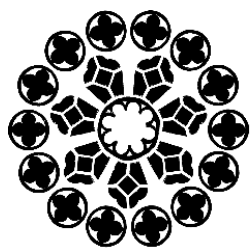


# Sung Eucharist Sundays of Lent

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Truro  
Cathedral

Welcome to Truro Cathedral and to this Eucharist. In it we recall the last meal of Christ with his friends in the Upper Room, and we recognise him in the breaking of the bread. Although our faith is grounded in history, this service is not a nostalgic looking back to the events of the past: it is a celebration that, in the Eucharist, Christ is truly present to us now, and a promise of the glory that will be ours when the whole universe is made complete in him.

The service falls into four major sections:

**The Gathering.** We come together as God's people and prepare in penitence and joy to receive Christ in Word and Sacrament.

**The Liturgy of the Word.** We listen to the words of Scripture, explore the faith through the sermon and the Creed, and bring our prayers to God.

**The Liturgy of the Sacrament.** Bread and wine are blessed in remembrance of Christ's death and resurrection, linking his sacrifice on the cross with our offering of prayer and praise and transforming the elements of bread and wine into our spiritual food, food we are invited to share in Holy Communion.

**The Dismissal.** We are sent out to be the Body of Christ in the world.

Holy communion will be administered both at the High Altar and at a Nave Station. Gluten free hosts are available at the High Altar and at the Nave Station. Please indicate to the priest if you require a gluten free wafer as you come to receive communion.

All who usually receive Holy Communion in their own church are warmly invited to do so today. If you would prefer to receive a blessing, please bow your head as a signal to the minister.

Please note that intinction (dipping the wafer in the wine) is not permitted at Truro Cathedral.

*Please remain seated as the choir sings the Introit*

**Introit**

*Please stand to sing the **Opening Hymn***

**The Greeting**

*The president says*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you.

**And also with you.**

**Prayers of Penitence**

*The deacon invites all to confess their sins with these or other words*

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

*Silence is kept*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

*The president says*

Almighty God, our heavenly Father,  
who in his great mercy has promised forgiveness of sins  
to all those who with heartfelt repentance and true faith turn to him:  
have mercy on you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and bring you to everlasting life,  
through Jesus Christ our Lord.  
**Amen.**

*Please remain standing*

*The choir sings the Kyrie Eleison*

Kyrie eleison.  
Christe eleison.  
Kyrie eleison.

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

## The Collect

*The president says the Collect, the special prayer for the day after which all say **Amen***

*Please sit to hear the word of God*

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## The Liturgy of the Word

### First Reading

*At the end the reader says*

This is the word of the Lord.

**Thanks be to God.**

*Remain seated*

### Lent Prose

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

**Hear us, O Lord, have mercy upon us: for we have sinned against thee.**

*The choir sing the Lent Prose to which the congregation respond*

**Hear us, O Lord, have mercy upon us: for we have sinned against thee.**

### Second Reading

*At the end the reader says*

This is the word of the Lord.

**Thanks be to God.**

*Please stand for the Holy Gospel*

## **Gospel Reading**

*All turn to face the Book of the Gospels as it passes them in the procession.  
The following acclamation heralds the Gospel reading.*

## **Gospel Acclamation**

Praise to you, O Christ, King of eternal glory.

**Praise to you, O Christ, King of eternal glory.**

The Lord is a great God, O that today you would listen to his voice.  
Harden not your hearts.

**Praise to you, O Christ, King of eternal glory.**

## **Gospel Reading**

*The deacon says*

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to St John.

**Glory to you, O Lord.**

*At the end the deacon says*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*All remain **standing** while the Gospel procession returns.*

## **Sermon**

*The preacher says an opening invocation or prayer, and then all sit*

## The Creed

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers of Intercession

*The intercessor introduces the prayers of intercession with these or other suitable words*

With confidence and trust let us pray to the Father.

*Please sit or kneel*

*These responses may be used*

Lord of compassion,                      *or*                      Lord, in your mercy  
**in your mercy hear us.**    **hear our prayer.**

*The intercessions end with the following collect or suitable words*

God our Father,  
in your love and goodness  
you have taught us to come close to you in penitence  
with prayer, fasting and generosity;  
accept our Lenten discipline,  
and when we fall by our weakness,  
raise us up by your unfailing mercy;  
through Jesus Christ our Lord.

**Amen.**

*Please stand*

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**The Liturgy of the Sacrament**

**The Peace**

*The president introduces the Peace*

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ.

The peace of the Lord be always with you.

**And also with you.**



*The deacon says*

**Let us offer one another a sign of peace.**

*All may exchange a sign of peace.*

**Hymn**

*During the singing of the offertory hymn a financial collection for the ministry and mission of the cathedral is taken.*

**Preparation of the Table  
Taking of Bread and Wine**

*The president takes the bread and wine and uses these or other words*

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord.

**Amen.**

## Eucharistic Prayer B

*The president says*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

*The choir sings the Sanctus and Benedictus*

Sanctus, Sanctus, Sanctus  
Dominus Deus Sabaoth.  
Pleni sunt coeli et terra  
gloria tua.  
Hosanna in excelsis.

Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full  
of your glory.  
Hosanna in the highest.

Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.

*Please remain standing*

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

*The deacon says*

Praise to you Lord Jesus:

**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

*The Prayer continues*

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of the Blessed Virgin Mary  
and all the saints, may praise and glorify you for ever,

through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

## The Lord's Prayer

*The president introduces the Lord's Prayer*

With faith and confidence, let us pray to the Father in words that our Saviour taught us:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## Breaking of the Bread

*he president breaks the consecrated bread.*

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## Giving of Communion

*The president says the following invitation to Communion.*

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Please sit. All who usually receive Holy Communion in their own church are warmly invited to do so today. If you would prefer to receive a blessing, please carry this service paper as a signal to the minister. If you would prefer not to receive the chalice, please receive in one kind (the bread) only. Gluten free wafers are available. Intinction is not permitted.*

*At the Distribution the president says*

The Body of Christ.  
The blood of Christ.

*The communicant replies each time Amen, and then receives.*

*The choir sings the Agnus Dei*

Agnus Dei, qui tollis  
peccata mundi:  
miserere nobis.  
Agnus Dei, qui tollis  
peccata mundi:  
dona nobis pacem.

Lamb of God, you take away the  
sin of the world,  
have mercy upon us.  
Lamb of God, you take away the  
sin of the world,  
grant us peace.

**Anthem**

*When all have received Holy communion, please stand*

*The president says the Post Communion prayer.*

Let us pray

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

## The Dismissal

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*The president says*

The Lord be with you.

**And also with you.**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty, the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

*The deacon says*

Go in the peace of Christ.

**Thanks be to God.**

*or*

Go in peace to love and serve the Lord.

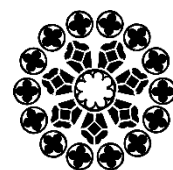
**In the name of Christ. Amen.**

*Please remain **standing** as the choir and clergy depart.*

**Organ Voluntary**

You are very welcome to join us for fellowship and refreshments in the North Transept after the service.

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